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(54) Title: ESSENTIAL OIL COMPOSITION

## (57) Abstract

The application relates to new medicinal and cosmetic compositions comprising essential oils in combination with herbs and/or spices. The compositions may be used orally or topically.

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## ESSENTIAL OIL COMPOSITION

The invention relates to medicinal and cosmetic compositions comprising an essential oil in combination with at least one spice and/or at least one herb. Such compositions may be taken orally or may be absorbed through the skin.

Essential oils have been used for thousands of years in aromatherapy. The ancient Chinese are generally acknowledged as the founders of aromatherapy, but it is more than likely that quite early in the history of civilisation man had realised that certain aromatic plants could help restore his health. Aromatic substances were also used by the ancient Egyptians and Ancient Greeks as medicinal perfumes.

In the 10th century the Arabs were extracting essential oils from aromatic plants and using them medicinally. The Knights of the Crusades brought aromatic essences and waters back to Europe from the Middle East and they became so popular that perfume began to be manufactured and was well established by the end of the 12th century. The importance of aromatic plants for other purposes was realised early. When the bubonic plague reached England around the middle of the 14th century, fires were ordered in the streets at night, burning aromatic

frankincense and pine; indoors, incense and perfumed candles were burnt to combat infection and disguise the stench of death; pomanders made from aromatic gums and resins were worn on ribbons round the neck to protect the wearers from the dreaded Black Death.

By the turn of the 18th century essential oils were widely used in medicinal preparations and Salmon's dispensary of 1896 contains recipes for numerous aromatic remedies. In the 19th century, essential oils were subjected to more scientific investigation, and it was discovered that some of them could be synthesised from other materials. As it is always quicker and cheaper to produce the laboratory versions than natural plant extracts, true essential oils began to fall from favour. Today, many of our medicines and perfumes contain so-called essential oils, though often they are mere imitations; while synthetics may smell like the real thing, they do not possess the same therapeutic properties.

### Essential Oils

Essential oils are highly scented droplets found in minute quantities in the flowers, stems, leaves, roots and barks of aromatic plants. They are not true oils in the manner of lubricant vegetable oils, but highly fluid

and exceptionally volatile.

Essential oils are complex mixtures of different organic molecules - terpenes, alcohols, esters, aldehydes, ketones and phenols. Synthetic oils are usually made from one or more of the constituents predominant within a particular essential oil; menthol, for example, often substitutes for mint and eucalyptol for eucalyptus. However, there are sound reasons for believing that it is the interaction between each and every component that gives an essential oil its particular character and unique therapeutic properties.

The chemical composition of an oil is related to the time of day, the month or the season. Jasmine develops a strongly scented indole molecule at midnight when it is particularly intoxicating, and it is important to gather the petals at exactly the right moment. There are good years and bad years for essential oils as there are with wines. Some commercial producers have discovered that they can improve the quality of a poor yield by adding certain components and that an expensive oil like rosemary can be adulterated, without altering its aroma, by adding 30-40% of camphor which is considerably cheaper for the perfume industry. Such adulteration may be commercially

acceptable but it might well alter the therapeutic properties of the oil.

It is important to try to ensure that essential oils come from reputable sources and are as pure as possible.

Experts recognise an essential oil by its aroma and check its composition by a process called Gas Liquid Chromatography. Colour can also be an indicator; eucalyptus is colourless, chamomile varies from white to blue and others, like basil and sandalwood (both light greenish-yellow), are in pastel shades. Yet others are richly pigmented, like jasmine, a deep reddish-brown, patchouli, brown, and rose, orange-red.

### Extraction of the Oils

Essential oils may be extracted from plants in a number of ways. One of the oldest methods is distillation, practised in ancient Persia, Turkey and India thousands of years ago. The Egyptians were preparing essence of cedarwoods for embalming and other purposes around 2000BC; the wood was heated in a clay vessel covered by a screen of woollen fibres through which the steam had to pass. The essence was obtained by squeezing out the impregnated wool.

The Arabs are credited with having popularised distillation in the late 10th century. They began with extract of rose petals then experimented with other aromatic materials. Today, distillation remains the most commonly used means of extracting essential oils.

Other methods include *enfleurage*, often used for delicate petals like jasmine and tuberose; maceration, for tougher flowers and leaves, roots and bark; solvent extraction, the preferred method for gums and resins like myrrh and galbanum; and hand expression, chiefly employed for squeezing the highly aromatic oils from thick-skinned citrus fruit like oranges, tangerines and lemons.

### **The Properties and Uses of Essential Oils**

Essential oils possess numerous properties which make them useful for treating many of our most common health and beauty troubles.

Professor Paolo Rovesti, Director of the Instituto Derivati Vegetali in Milan, has studied the effect of essential oils on the psyche and found that they can be useful in the treatment of anxiety and depression. He recommends ylang-ylang, citrus oils, jasmine, basil, patchouli and

peppermint for treating general depression, geranium, lavender and bergamot for treating fear and anxiety, and peppermint, rose and carnation for improving concentration and eliminating lethargy.

Sprayed into the air, these oils also have immediate and long-lasting effects.

The reasons for these reactions are as yet unclear, but it is known that odour molecules are perceived by thousands of tiny nerve cells in the nose and that each of these nerves is connected to that part of the brain which is concerned with emotional drives, creativity and sexual behaviour. This could explain why certain perfumes make us feel happy, why some essences, like jasmine and rose, have a reputation for being aphrodisiac and why unpleasant smells, like petrol fumes, can induce depression. While pure essential oils appear to have a positive influence on the psyche, it is doubtful that synthetic ones work in the same way.

Spices are conventionally used as flavourings in, for example, Indian or Thai dishes. Spices are usually the dried, aromatic parts of plants, generally the seeds, berries, roots, pods and sometimes leaves and flesh, which mainly, but not invariably, grow in hot countries.

The medicinal uses of spices in the past were often indistinguishable from their culinary uses, particularly so in mediaeval times, when apothecaries prescribed herbs and spices not merely for digestive problems, but for all types of ailments. Hot spices, such as pepper, were regarded as an appetite stimulant and a digestive aid; asafoetida, now known only in Indian cookery, was used by the Romans as a healing ointment, an antidote for snake bites, and a cure for gout, cramps, pleurisy, and tetanus; spiced salts were made with ginger, pepper, cumin, thyme and celery seed which were good for the digestion, promoting regularity and preventing all sorts of illnesses, plagues and chills; and citron seeds were given to pregnant women to relieve nausea. Roman and mediaeval writers also believed the fennel helped to promote and restore good vision and it was at one time a cure for obesity.

Chinese herbal medicine has been known in China for several thousands of years. Only recently, however, has it become recognised in the West that Chinese herbs may be used to treat medical conditions.

The inventors have unexpectedly found that it is possible to combine

essential oils with naturally occurring spices and/or herbs to produce medicinal compositions which may be taken orally or which may be directly absorbed through the skin. Compositions of the invention may be used to treat a surprising range of illnesses.

Such compositions are especially important with the move by many members of the public towards more "natural" treatments, which do not use artificial medicines.

Accordingly a first aspect of the invention provides a medicinal or cosmetic composition comprising at least one essential oil in combination with at least one spice and/or herb. Preferably the spice is an "Indian spice" as defined herein. The herb is preferably a "Chinese herb" as defined herein.

Preferably the composition comprises an Aloe vera extract. This is the preferred delivery vehicle for the essential oil and spice and/or herb. It is preferred since it is readily accepted by the body and has not been found to produce allergic reactions or side effects. Preferably the extract is concentrated.

The composition may comprise a honey product such as royal jelly or bee propolis. Royal jelly and bee propolis have been used for many years to treat a wide range of conditions and as nutrient supplements.

Indian brandee may also be incorporated with the composition. Indian brandee has been used for many years as to relieve flatulence and colic. Its main ingredients are rhubarb tincture, capiscum tincture, ethanol, cochineal and methyl hydroxybenzoate.

The composition may also comprise one or more flavourings, such as blackcurrant concentrate, vitamins, amino acids and minerals.

Examples of vitamins include Vitamin C and Vitamins E and D, which may be in the form of alpha-tocopherol. Inositol, pepsin, selenium methionine, soya isolate, trace mineral clay, whey protein, zinc amino acid chelate and individual amino acids such as lysine may be used.

Enzymes, such as plant extracts comprising enzymes may also be incorporated.

The essential oils, spices, herbs and vitamins and amino acids preferably used within the invention are shown in Tables 1 to 4.

Preferably the compositions comprise one or more essential oils selected from:

- (a) bergamot, chamomile german, chamomile maroc, chamomile roman, cinnamon zeylanicum, clove buds, eucalyptus globulus, frankincense, fennel, hyssop, juniper, lemon grass, mountain savoury, niaouli, red thyme, rosemary, rose geranium, tagestes and ylang ylang.

The compositions may comprise one or more Chinese herbs selected from:

- (b) acacia catechu, acanthopanax gracilistylus, caesalpinia sappan and epimedium spinosa.

Preferably the compositions comprise one or more spices selected from:

- (c) asapoetidia, coconut, coriander, fenugreek and horseradish.

Preferably the composition comprises all of the oils, herbs and spices from lists (a), (b) and (c). This combination has been found to especially improve the effectiveness of the compositions.

Compositions of the invention may be used in combination with alternative methods of treatment such as aromatherapy, Bach flowers therapy, reflexology, acupuncture and/or the Alexander technique, all of which are known in the art.

The invention may be used orally or topically. Accordingly the invention preferably provides tablets or capsules comprising the compositions of the invention for oral administration.

Compositions for topical administration comprising the compositions according to the invention are also provided.

The invention further provides the use of a medicinal composition according to the invention for the treatment of disease or physical disability or sports injuries, or for the build up and maintenance of the immune system, or for the protection against disease or pollution.

The use of cosmetic formulations according to the invention are also provided for skin care and/or weight management.

aromatherapy and/or reflexology and/or physiotherapy to produce enhanced results.

Essential oils are typically extracted by steam distillation, expression (hard pressing) or maceration, as indicated in Table 1. Such techniques are well known in the art.

Spices are preferably selected from Table 2.

## **CHINESE HERBS**

### **Herbs and Their Properties**

In China the herbs used are gathered from the wild by hand. The best ones grow far from human habitation, and the herbalists who gather them will also be botanists, explorers, climbers and environmentalists. They need to be able to identify the relevant herb in all stages of its development, know where the finest ones grow, be able to get to the plants even when they grow in highly inaccessible places, know how much they can take without threatening a particular species, and always be on

TABLE I

## ESSENTIAL OILS

Aniseed	Pine
Basil	Red Myrtle
Benzoin	Rescue Remedy
Bergamot	Rose Geranium
Black Pepper	Rosemary
Camphor	Sandalwood
Carrot	Spanish Marjoram
Cedarwood	Sweet Marjoram
Chamomile German	Sweet Thyme
Chamomile Maroc	Tagetes
Chamomile Roman	Tea Tree
Cinnamon Leaf	Thyme Red
Clove Buds	Thyme Sweet
Cypress	Ylang Ylang
Dill	
Eucalyptus Globulus	
Fatigue	
Fennel	
Frankincense	
Ginger	
Grand Fir	
Grapefruit	
Grapeseed	
Hazel	
Hyssop	
Jojoba	
Juniper	
Juniper Berry	
Lavender	
Lemon	
Lemon Grass	
Melissa	
Mountain Savoury	
Myrtle Red	
Neroli	
Niaouli	
Patchouli	
Peppermint	

TABLE 2

## SPICES

Allspice	Mango Powder
Allspice Ground	Mixed Spices
Anise Star	Mixed Spices - Sweet
Aniseed	Mushroom
Arrowroot	Mustard Seed Black
Arrowroot Ground	Mustard Seed Yellow
Asafoetidia	Nutmeg
Caraway Ground	Nutmeg Powder
Cardamom	Onion
Cardamom Seeds	Orris Root
Carob	Paprika - Sweet
Cassia	Slippery Elm
Cassia Bark	Tamarind Block
Cayenne Pepper	Tumeric
Celery Salt	
Chilli	
Chilli Powder	
Cinnamon	
Cinnamon Ground	
Cinnamon Sugar	
Cloves	
Cloves Ground	
Coconut Cream Block	
Coconut Ground	
Coconut Powder	
Coriander	
Coriander Ground	
Cream of Tartar	
Cumin	
Dill	
Dill Seeds	
Dutch Caraway	
Fennel	
Fennel Powder	
Fenugreek	
Fenugreek Powder	
Garlic	
Ginger	
Horseradish	
Horseradish Ribbled	
Juniper Berries	
Laos	
Laos Powder	
Lemon Grass	
Mace	
Mace Ground	

the look-out for new sources and new species.

They are mostly imported from Hong Kong, although some come from mainland China via Beijing and Shanghai. Increasingly, as China opens its doors to the West, better access will be granted for importing herbs.

Some herbalists import their herbs directly, while others purchase them from Chinese herbal cash and carry stores in the West or from mail order suppliers.

Examples of Chinese herbs which may be used in the invention are listed in Table 3.

### **Preservation**

Once the herbs have been collected from the wild they need to be treated so that they will keep their essential qualities during storage. They are always washed and dried. The method of drying varies depending on the particular herb and what it is going to be used for. They may be sun-dried or dried in a clay oven, alone or with other herbs. Sometimes they are dried with minerals such as sulphur, which bleaches them and also acts as

**HERBS**

Ba Ji Tian  
Bai Dou Kou  
Bai Gou  
Bai Guo Ye (Ginkgo)  
Bai He  
Bai Ji Tian  
Bai Jiang Cao  
Bai Zhi  
Bai Zhu  
Ban Xia  
Bi Ji Tian  
Bo He  
Bladderwrack  
Boswellia Serrata  
Bu Gu Zhi  
Cang Er Zi  
Chai Hu  
Chamaelirium Lutea  
(False Unicorn)  
Chan Tiu  
Che Qian Cao  
Che Qian Zi  
Che Quian Cao  
Chen Xiang  
Chi Shao Yao  
Chuan Lian Zi  
Da Huang  
Da Zao  
Dan Shen  
Dang Gui (Dong Quai)  
Dang Shen  
Du Zhong  
Echinacea Angustifolia  
Er Cha  
Fan Xie Ye (Senna)  
Fu Ling  
Fu Pen Zi  
Gao Ben  
Garcinia Cambogia  
Ge Gen  
Gou Qi Zi (Lycium)  
Gou Teng  
Guaiacum Wood  
Gui Ban  
Guo Teng  
Guo Ye (Ginkgo)  
He Zi  
Horsetail

**HERBS**

Hu Huang Lian	Ting Li Zi
Hu Po	Wang Bu Liu Xing Guo
Hua Jiao	Wu Bei Zi
Huai Jiao Zi	Wu Jia Pi
Huang Lian	Wu Yao
Huang Qi	Xian He Cao
Huo Ma Ren	Xing Ren
Ji Xue Feng	Yan Hu Suo
Jiang Can	Yang Rong Wan
Jie Geng	Ye Ju Hua
Jin Quian Cao	Ye Tu Hua
Jin Yin Hua	Yi Mu Cao
Jin Ying Zi	Yin Yang Huo
Lian Zi	Yohimbe
Lian Zi (Red)	Zhen Zhu Mu
Long Yan Rou	Zhi Mu
Lu Jiao Shuang	Zhi Zi
Ma Dou Ling	
Mai Men Dong	
Mai Ya	
Man Jing Zi	
Mao Zhao Cao (Cats Claw)	
Maté Leaf	
Mexican Yam Root	
Milk Thistle Seed	
Mu Dan Pi	
Mu Hu Die	
Mu Li	
Mu Tong	
Niu Bang Zi	
Ou Jie	
Qiang Huo	
Rou Cong Rong	
Salix Alba (White Willow)	
Sang Ye	
Shan Zha	
Shen Jin Cao	
Sheng Ma	
Shiu Niu Jiao Si	
Shu Di Huang	
Spirulina	
Su Mu	
Su Zi (Zi Su Zi)	
Suan Zao Ren	
Tian Ma	
Tian Nan Xing	

a preservative. Occasionally you may hear of herbs being treated. This means that, after drying, they are stir-fried with angelica and milk vetch to enhance their properties. Some may also be buried in the ground to absorb moisture, or cooked in a clay pot with rice wine or honey to increase their potency.

### **Cutting up Herbs**

Before or after they have been dried, the herbs will need to be cut up using a herb chopper. When this is done depends on the herb and its eventual usage. There are several ways of cutting herbs. Large roots are often sliced across at 90 degrees, which gives them a round cross-section, while smaller ones are cut at an angle to give a larger surface area. Some herbs are chopped very finely and compressed into a cake.

Some herbs have to be ground to a powder and this is done using a mortar and pestle with a lid, to avoid the loss of powder during crushing.

### **Storage**

Traditionally, herbs would be stored in clay pots after preservation and

cutting up. The shape of the clay pots and whether they were covered or uncovered depended on the herbs. The Chinese have always used clay pots, because clay was the simplest and cheapest material to get hold of and also because, when glazed and therefore non-absorbent, it helped to keep the properties of the herbs intact.

Modern herbalists increasingly use glass jars and bottles for herb storage, but still rely on wooden drawers for the bulk of their stocks because this is the easiest and most convenient method of dispensing them. These drawers are rarely labelled, as the herbalist is completely familiar with their contents. Since the drawers are arranged according to meridians and properties it would be hard for the herbalist to make a mistake that would result in a herb of a totally different type being dispensed.

### **Freshness of Stocks**

However the herbs are stored, herbalists will check them periodically for mould and other signs of decay.

Herbs may need to be retreated - that is, washed and boiled, redried and, where necessary, freshly treated with angelica again in the same way that

fresh herbs are.

### Weighing Herbs

Because it is so expensive, ginseng is weighed in very sensitive scales which have divisions of 0.1 of a gram.

Other herbs do not need quite such accurate scales, and larger ones can be used. These are accurate to within approximately 3 grams. Both sorts of scales are used by holding one of the strings near the pan and adjusting the weight on the rod.

Metric weights have been used for convenience, but Chinese herbalists use Chinese weights. Their names and metric equivalents are given below.

1 fan	= 0.3 grams approx
10 fan	= 1 qin
10 qin	= 1 lian
16 lian	= 1 jin
	= 3 grams approx
	= 30 grams approx
	= 480 grams approx

Whenever scales are used, the weight given is always that of the herb before any stir-frying which may be specified on the prescription. The

herbs may be fried in honey, water or rice wine, or 'burned' until black in a red-hot wok. These treatments naturally change the weight of the herb, and it is not unknown for patients to weight their herbs afterwards and mistakenly complain that they have been short-changed by the herbalist.

### **Boiling and Steaming**

As soon as possible after collection, the herbs are boiled in clay pots. These come in a variety of shapes and sizes much like Western saucepans. It used to be traditional to throw away all pots used in medicinal preparations on the Chinese New Year's Eve. But few herbalists in the West can afford to do this now, especially since some of the decorated pots are extremely expensive.

Steam pots are used a lot for medicinal foods. The ingredients are added to the pot, after which both lids are put on and fastened by a string which passes through the handles. The pot is then placed in a larger pot of boiling water. The herbs and other ingredients are gently cooked by the rising steam without losing any valuable elements which might otherwise be boiled out.

## Properties of Commonly Used Chinese Herbs

In the following lists the Chinese name has been used, along with the botanical name and the Western common name where possible. (Some Chinese herbs are not native to the West and have no corresponding Western name so in these cases the literal English translation has often been included.) Most of the herbs described here can be used in their fresh state, but they can all be ordered as dried herbs. Dosages given are standard ones from which herbalists would raise or lower according to the individual. It is interesting to note that many of the Chinese names have suffixes denoting parts of the plant, for example: hua/flower; pi/cortex or peel; ren/seeds; ye/leaf; zi/fruit or seeds. The dosage refers to the total dose over the course duration.

<b>Bai Shao</b>	<i>Paeonia lactiflora, P. obovata</i>	White peony root
<b>Part used:</b>	root, sliced	
<b>Meridian:</b>	liver	
<b>Taste:</b>	sweet	
<b>Usage:</b>	for abdominal pains after childbirth combine with Dang Gui ( <i>Angelica sinensis</i> /Chinese angelica), Chuan Xiong ( <i>Ligustrum wallichii</i> /Szechuan lovage root) and Hong Hua ( <i>Carthamus tinctorius</i> /safflower).	
<b>Dosage:</b>	6-15g	
<b>Note:</b>	Do not use with black false hellebore ( <i>Veratrum nigrum</i> )	
<b>Bai Zhu</b>	<i>Atractylodes macrocephala</i>	Attractylodes
<b>Part used:</b>	root	
<b>Meridians:</b>	spleen, stomach	
<b>Taste:</b>	bitter-sweet	
<b>Usage:</b>	to correct mischannelling of qi at the spleen and stomach. Used to treat loss of appetite, extended tight abdomen, vomiting and bowel disorders. It is safe to use during pregnancy.	
<b>Dosage:</b>	4.5-9g	
<b>Gan Cao</b>	<i>Glycyrrhiza uralensis, G. glabra</i>	Liquorice
<b>Part used:</b>	root	
<b>Meridians:</b>	all	
<b>Taste:</b>	sweet	
<b>Usage:</b>	one of the most frequently used Chinese herbs. It can be used on its own to assist the spleen, dispel heat and restore qi. It is used to treat sore throats and to relieve food poisoning. It is most often used with other herbs to moderate their effects. It is also used to alleviate any uncomfortable side-effects which may be felt after taking other medicinal herbs.	
<b>Dosage:</b>	1.5-9g	
<b>Gou Qi Zi</b>	<i>Lycium chinense</i>	Lycium
<b>Part used:</b>	seed	
<b>Meridians:</b>	liver, kidneys	
<b>Taste:</b>	sweet	
<b>Usage:</b>	to strengthen shen and kidneys, and to improve eyesight, used with Sheng Di Huang ( <i>Rehmania glutinosa</i> /Chinese foxglove root), Ju Hua ( <i>Chrysanthemum morifolium</i> /chrysanthemum) and Shan Zhu Yu ( <i>Cornus officinalis</i> /fruit of Asiatic cornelian cherry). Used with Sheng Di Huang ( <i>Rehmania glutinosa</i> ) and Tian Men Dong ( <i>Asparagus cochinchinensis</i> /asparagus root) to treat deficient liver and/or kidneys as well as tinnitus, dizziness and weakness of the knees, and for the prevention of wet dreams.	

**Dosage:** 6-12g

**Gou Teng** *Nauclea rhynchophylla* also (*Unicaria*)  
**Part used:** thorn  
**Meridians:** heart, liver  
**Taste:** sweet  
**Usage:** to stop convulsions, tics and spasms used with Tian Ma (*Gastrodia elata/Gastrodia rhizome*). For the treatment of red eyes caused by headaches used with Ju Hua (*Chrysanthemum morifolium/ chrysanthemum*), Sang Ye (*Morus alba/white mulberry leaves*) and Bo He (*Mentha arvensis/mint*). It does not need boiling.

**Dosage:** 6-12g

**Gui Zhi** *Cinnamomum cassia* Cinnamon twigs  
**Part used:** bark  
**Meridians:** heart, lungs, bladder  
**Taste:** sweet  
**Usage:** used in combination with Ma Huang (*Ephedra sinica/Ephedra*) if the patient does not sweat; if they do, given with peeled Chi Shao (*Paeonia veitchii/red peony root*). Used in combination with Qiang Huo (*Notopterygium incisum*) to relieve pain in joints, especially arthritis. Used with Dang Gui (*Angelica sinensis/Chinese angelica*) or Chuan Xiong (*Ligustrum wallichii/Szechuan lovage root*) to treat period pains and menstrual irregularity.

**Dosage:** 3-9g (slightly more if used for arthritis)  
**Note:** Avoid during pregnancy

**Huang Qi** *Astragalus membranaceus* Milk vetch  
**Part used:** root, sliced, either raw or stir-fried in honey  
**Meridians:** lungs, spleen  
**Taste:** sweet  
**Usage:** given as a tonic to patients recovering from illness or feeling tired and weak. Can be used in conjunction with ginseng. This is one of most commonly prescribed herbs in Chinese medicine, and symptoms which would point to its use include loss of appetite, coldness, shortness of breath and a tendency to sweat a lot.

**Dosage:** 9-30g

<b>Huang Qin</b>	<i>Scutellaria baicalensis</i>	Baical skullcap root
<b>Part used:</b>	root, raw or stir-fried in rice wine	
<b>Meridians:</b>	gall bladder, small intestine, lungs, large intestine, spleen	
<b>Taste:</b>	bitter	
<b>Usage:</b>	for throat pain used with Lian Qiao, ( <i>Forsythia suspensa</i> /forsythia fruit) and Jin Yin Hua ( <i>Lonicera japonica</i> /honeysuckle flower). For relieving high blood pressure used with Ju Hua ( <i>Chrysanthemum morifolium/chrysanthemum</i> ) and Gou Teng ( <i>Nauclea rhynchophylla</i> ).	
<b>Dosage:</b>	3-10g	
<b>Jing Jie</b>	<i>Schizonepeta tenuifolia</i>	
<b>Part used:</b>	seeds	
<b>Meridians:</b>	none specific	
<b>Taste:</b>	tangy	
<b>Usage:</b>	to stop swellings and as an excellent painkiller. Used more than any other herb for the treatment of arthritis. Fried until very dark in colour it is used to stop bleeding, especially from haemorrhoids.	
<b>Dosage:</b>	3-9g	
<b>Ma Huang</b>	<i>Ephedra sinica</i>	Ephedra
<b>Part used:</b>	stalk	
<b>Meridians:</b>	bladder, lungs	
<b>Taste:</b>	tangy	
<b>Usage:</b>	used in combination with Gui Zhi ( <i>Cinnamomum cassia</i> /cinnamon) to aid sweating. Stir-fried in honey and apricot kernels, restores the function of the lungs and suppresses asthma, especially with coughing. Used with Sheng Jiang ( <i>Zingiber officinale</i> /fresh ginger rhizome (root) and Bai Zhu ( <i>Atractylodes macrocephala</i> ) to reduce swelling.	
<b>Dosage:</b>	3-9g	
<b>Note:</b>	not suitable for patients who suffer from insomnia or high blood pressure. Not to be used by patients who are already sweating.	
<b>Mai Men Dong</b>	<i>Ophiopogon japonicus</i>	'Lush winter wheat'
<b>Part used:</b>	root nodules, used raw and pressed flat	
<b>Meridians:</b>	stomach, lungs, heart	
<b>Taste:</b>	bitter	
<b>Usage:</b>	to restore yin. Used with Ban Xia ( <i>Pinellia ternata</i> /'Half summer') and liquorice for coughs and dry throat. Used with Sheng Di Huang ( <i>Rehmania glutinosa</i> /Chinese foxglove root), Xuan Shen ( <i>Scrophularia Ningpoensis</i> Ningpo figwort root), Huang Lian ( <i>Coptis chinensis</i> /golden thread) and Dan Shen ( <i>Salvia miltiorrhiza</i> /'Scarlet root') for insomnia.	
<b>Dosage:</b>	6-12g	
<b>Mu Dan Pi</b>	<i>Paeonia suffruticosa</i>	Tree peony

**Part used:** bark  
**Meridians:** kidneys, liver, heart  
**Taste:** bitter  
**Usage:** to lower high blood pressure, used with Ju Hua (*Chrysanthemum morifolium/chrysanthemum*) and Jin Yin Hua (*Lonicera japonica/honeysuckle flower*). For menstrual disorders, used with Chai Hu (*Bupleurum chinense/thorowax*) and Dan Gui (*Angelica sinensis/Chinese angelica*). To stop bleeding in internal wounds, dry-fried until dark and given with Hong Hua (*Carthamus tinctorius/safflower*). For period pain, raw slices given with Gui Zhi (*Cinnamomum cassia/ cinnamon*) and Hu Tao Ren (*Juglans regia/walnut*). To stimulate the production of blood and to disperse bruises, used fried in rice wine with cinnamon and walnuts.  
**Dosage:** 6-12g  
**Note:** not suitable for use during pregnancy

**Qing Hao** *Artemisia annua, A. apiacea* Wormwood  
**Part used:** leaves  
**Meridians:** liver, gall bladder  
**Taste:** bitter, but with a very pleasant smell  
**Usage:** for the treatment of burns and minor skin disorders, fresh leaves are crushed and applied externally. For the treatment of malaria, used with Huang Qin (*Scutellaria baicalensis/Baical skullcap root*). Ban Xia (*Pinellia ternata*) and Maronta *arundinacea* (arrowroot).  
**Dosage:** 20-40g for malaria, 6-15g for skin applications  
**Note:** this herb responds best to rapid, short boiling

**San Qi** *Panax notoginseng* Pseudoginseng root  
**Part used:** whole plant (it is similar to ginseng)  
**Meridians:** kidneys, liver  
**Taste:** bitter  
**Usage:** to disperse bruises, relieve swellings and stop haemorrhaging, and for general relief of pain.  
**Dosage:** for wounds and pain 1-1.5g powder three times a day; for cardiac arrest 1.5g twice a day in equal proportions with ginseng

**Shan Zhu Yu** *Cornus officinalis* Cornelian Asiatic cherry  
**Part used:** flesh of fruit  
**Meridians:** liver, kidneys  
**Taste:** bitter-sour  
**Usage:** used in the treatment of abnormally heavy menstruation. Used with ginseng to treat heavy sweating accompanied by exhaustion.

<b>Dosage:</b>	4.5-9g	
<b>Shi Chang Pu</b>	<i>Acorius gramineus</i>	Sweetflag
<b>Part used:</b>	root	
<b>Meridians:</b>	heart, spleen, stomach	
<b>Taste:</b>	tangy	
<b>Usage:</b>	for excess tan (mucus). Used with Zhi Zi ( <i>Gardenia jasminoides</i> /Cape jasmine), young bamboo leaves and extracted ginger juice for treating delirium. To treat tinnitus and amnesia, given with Fu Ling ( <i>Poria cocos</i> /hoelen) and Yuan Zhi ( <i>Polygala tenuifolia</i> /root of Chinese Senega). For loss of appetite, given with Huo Xiang ( <i>Agastache rugosa</i> /Patchouli), Huo Po ( <i>Magnolia officinalis</i> /magnolia) and Chen Pi ( <i>Citrus reticulata</i> /tangerine peel).	
<b>Dosage:</b>	3-9g	
<b>Shu Di Huang</b>	<i>Rehmania glutinosa</i>	Root of Chinese foxglove cooked in wine
<b>Part used:</b>	root (oven dried or fresh)	
<b>Meridians:</b>	liver, kidneys, heart	
<b>Taste:</b>	sweet	
<b>Usage:</b>	a) to relieve cold in the blood. Used with Xuan Shen ( <i>Scrophularia ningpoensis</i> /Ningpo figwort) to reduce high body temperature, dry mouth and red tongue. Given with He Ye ( <i>Nelumbo nucifera</i> /lotus leaves) and Qian Cao Gen ( <i>Rubia cordifolia</i> /madder root) for blood in vomit or urine. Used with Mu Dan Pi ( <i>Paeonia suffruticosa</i> /cortex of tree peony root) for macula or dark spots on the skin. To treat thirst associated with diabetes, used with Bi Xie Xu Duan ( <i>Dioscorea batatas</i> /Chinese yam) and Di Gu Pi ( <i>Lycium chinense</i> /Chinese wolfberry). b) Used dried, then fried in rice wine until dark, for restoration of the blood, weakness of the knees, menstrual disorders and tinnitus.	
<b>Dosage:</b>	a) 9-30g (double if fresh), b) 9-15g	
<b>Tian Ma</b>	<i>Gastrodia elata</i>	Gastrodia rhizome
<b>Part used:</b>	tuber	
<b>Meridian:</b>	liver	
<b>Taste:</b>	sweet	
<b>Usage:</b>	to clear collateral channels and to relieve rheumatic pain, given with Jin Yin Hua ( <i>Lonicera japonica</i> /honeysuckle flower) and Huai Niu Xi ( <i>Achyranthes bidentata</i> /'Ox knee'). Given with Ban Xia ( <i>Pinellia ternata</i> /'Half summer') and Bai Zhu ( <i>Atractylodes macrocephala</i> ) in the treatment of migraine, eye	

<b>Dosage:</b>	disorders and dizziness. Excellent for women suffering headaches, especially after childbirth. 3-9g boiled in water, 1-1.5g as a powder	
<b>Tian Men Dong</b>	<i>Asparagus cochinchinensis</i>	Tuber of Chinese asparagus
<b>Part used:</b>	root, raw and sliced	
<b>Meridians:</b>	lungs, kidneys	
<b>Taste:</b>	bitter-sweet	
<b>Purpose:</b>	to restore deficient yin. Dispels heat and strengthens the kidneys and lungs.	
<b>Usage:</b>	to treat a dry cough with little mucus, or coughing up of blood, use with Mai Men Dong ( <i>Ophiopogon japonicus</i> /'Lush winter wheat') and Bei Mu ( <i>Fritillaria verticillata</i> /fritillaria bulb). For use in the treatment of whooping cough with Mai Men Dong ( <i>Ophiopogon japonicus</i> /'Lush winter wheat') and Bai Bu ( <i>Stemona sessilifolia</i> /stemona root).	
<b>Dosage:</b>	6-12g	
<b>Tu Si Zi</b>	<i>Cuscuta chinensis</i>	Dodder seeds
<b>Part used:</b>	seeds, boiled and crushed, sometimes in cake form	
<b>Meridians:</b>	kidneys, lungs	
<b>Taste:</b>	sweet	
<b>Purpose:</b>	to treat deficient yang in the kidneys, which causes frequent urination. Also used to prevent miscarriages and to help restore the function of the kidneys and menstrual cycle	
<b>Dosage:</b>	6-12g	
<b>Wu Wei Zi</b>	<i>Schizandra chinensis, S. sphenanthera</i>	Schisandra fruit
	The Chinese name means 'the fruit which has five tastes'. It has two forms, northern ( <i>S. Chinensis</i> ) and southern ( <i>S. sphenanthera</i> ).	
<b>Part used:</b>	fruit, raw or steamed with vinegar or rice wine	
<b>Meridians:</b>	kidneys, heart, lungs	
<b>Taste:</b>	sour	
<b>Usage:</b>	for coughs caused by weakness of the lungs, sometimes in combination with ginseng. Use with Mai Men Dong ( <i>Ophiopogon japonicus</i> /'Lush winter wheat') to treat patients who sweat, have a dry mouth, tire easily and are depressed.	
<b>Dosage:</b>	1.5-6g	
<b>Xin Yi Hua</b>	<i>Magnolia liliiflora</i>	Magnolia flower
<b>Part used:</b>	flower	
<b>Meridians:</b>	none specific	
<b>Taste:</b>	tangy	
<b>Usage:</b>	for the treatment of rhinitis and nasosinusitis. Clears running nose and headaches.	
<b>Dosage:</b>	1-3g	

<b>Yin Yang Huo</b>	<i>Epimedium brevicornum, E. grandiflorum, E. sagittatum</i>	'Licentious goat wort'
<b>Part used:</b>	the whole plant apart from the root	
<b>Meridians:</b>	liver, kidneys	
<b>Taste:</b>	sweet	
<b>Usage:</b>	used to treat high blood pressure in elderly women, impotence and paralysis of the lower limbs.	
<b>Dosage:</b>	3-9g	
<b>Yu Xing Cao</b>	<i>Houttuynia cordata</i>	'Fishy smelling herb'
<b>Part used:</b>	whole herb	
<b>Meridians:</b>	kidneys, lungs	
<b>Taste:</b>	sweet with a fishy odour, hence it is also known as the smelly fishy plant	
<b>Usage:</b>	the treatment of lung and kidney disorders.	
<b>Dosage:</b>	9-30g	
<b>Yuan Zhi</b>	<i>Polygala tenuifolia</i>	Root of Chinese senega
<b>Part used:</b>	root, chopped and treated with liquorice	
<b>Meridians:</b>	lungs, heart, kidneys	
<b>Taste:</b>	bitter	
<b>Usage:</b>	for treatment of irritability, insomnia and depression.	
<b>Dosage:</b>	3-9g	
<b>Zi Su Ye</b>	<i>Perilla frutescens</i>	Perilla leaf
<b>Part used:</b>	leaves	
<b>Meridians:</b>	spleen, lungs	
<b>Taste:</b>	sweet	
<b>Usage:</b>	to promote ch'i, to relieve pain and tightness in the abdomen, to cancel out the effects of food poisoning (especially when caused by seafood), to ease vomiting and diarrhoea.	
<b>Dosage:</b>	6-12g	

Also part of the herbalist's traditional repertoire will be such well-known herbs as ginseng, garlic and ginger. Ginseng (Panax ginseng) is the dried root of the Ren Shen plant which is grown mainly in Japan and Korea. Its main uses are to help strengthen weak bodies and to help patients recovering after illness. It is used extensively as a nutritive and restorative tonic and to treat impotence, neurasthenia, spermatorrhoea, anaemia, senility, uterine disorders and nephritis.

Ginger is the fresh root of *Zingiber officianale* (Gan Jiang) and is used mainly as a stomach restorative. It is used in the treatment of nausea and vomiting as well as diarrhoea, rheumatism, abdominal and spleen ache and sometimes for strider - obstructed breathing.

Garlic (*Allium sativum*) known as Xie Bai to the Chinese, is used to thin the blood. It is known to reduce blood cholesterol, prevent heart disease, aid digestion and to lower blood pressure.

The preferred form of the vitamins and amino acids are shown in Table 4. "Pepsin" refers to commercially available pepsin digest.

TABLE 4VITAMINS AND AMINO ACIDS

<b>Vitamins &amp; Amino Acids</b>	<b>Method</b>
L-Phenylalanine	Extraction
Vitamin C	Extraction
Vitamin E	Extraction
Vitamin ED	Extraction
Inositol	Trace Mineral
Selenium Methionine	Trace Mineral
Soya Isolate	Trace Mineral
Trace Mineral Clay	Trace Mineral
Lysine	Compound
Pepsin	Compound
Whey Protein	Compound
Zinc Amino Acid Chelate	Compound
Co-enzyme Q	
Superoxide Dismutase	
Vegetable enzymes	
Iron Gluconate	
Copper amino acid gluconate	
Calcium amino acid gluconate	
L-Threonine	
Chromium niacin	
Selenium methionine	
L-phenylalanine	

The invention will now be described by way of example.

The product formulae below show the dosage, for the disorders treatable by the composition, the amounts of the components used and therapies which may be used in combination with the compositions. Typically capsules contain between 200mg and 1g of composition per capsule.

The formulations may be taken neat or diluted with, for example 50% volume/volume cordial, fruit juice or lemonade.

The dosages may be separated into, for example, 3 equal doses taken after breakfast, lunch and an evening meal.

Skin care, massage and sports injury remedies may be applied topically directly onto the area to be "treated".

The Aloe vera, honey products, vitamins/amino acids, Indian brandee and blackcurrant concentrate are all commercially available products.

The Aloe vera products, heat lotion and propolis creme may be obtained from Forever Living Products (UK) Ltd, Longbridge Manor, Longbridge,

Warwick, Warwickshire, United Kingdom. Aloe vera "juice" comprises as main ingredients stabilised Aloe vera gel, sorbitol, lemon juice, vitamin E, sodium benzoate and papain. "Pure" Aloe vera comprises stabilised Aloe vera gel, sorbitol, citric acid, vitamin E, sodium benzoate and papain. Aloe vera "nectar" comprises raw Aloe vera gel, fructose, sorbitol, cranberry and apple juice concentrate, ascorbic acid, citric acid, potassium sorbate, sodium benzoate, xanthan gum, tocopherol and colourings.

Heat lotion comprises stabilized Aloe vera gel, DI water, propylene glycol, stearic acid, glyceryl stearate, triethanolamine, eucalyptus oil, methyl salicylate, apricot kernel oil, sesame oil, cetyl alcohol, petrolatum, lanolin, jojoba oil, oleic acid, stearyl stearate, dioctyl adipate, octyl stearate, octyl palmitate, PEG-100 stearate, allantoin, mineral oil, lanolin alcohol, ascorbic acid, diazolidinyl urea, methylparaben and propylparaben.

Propolis creme comprises stabilized Aloe vera gel, glyceryl stearate (and) PEG-1-00 stearate, propylene glycol, cetyl alcohol, dioctyl adipate (and) octyl stearate (and) octyl palmitate, lanolin, sorbitol, allantoin, bee propolis extract, lanolin alcohol, dimethicone, mineral oil, imodazolidinyl, urea, vitamins A & E, comfrey extract, chamomile extract, triethanolamine, ascorbic acid, methylparaben, propylparaben, fragrance.

Rescue remedy is a composition of five Bach flower remedies: Impatiens, Star of Bethlehem, Cherry Plum, Rock Rose and Clematis.

Except where indicated, the essential oils, Chinese herbs/Indian spices, honey products, vitamins/amino acids, Indian brandee and blackcurrant concentrate are mixed together in the amounts indicated with sufficient Aloe vera to make the final formulation up a final volume of 1,000 ml.

All components are from commercial sources. Vegetable enzymes are obtained as a commercially available product from "G and G Foods (UK)".

Initial results indicate that the specific essential oil and herb/spice combination of the invention provides effective compositions for medical and/or cosmetic use.

### PATIENT PILOT STUDY

From a database of 250 people, having been diagnosed by their own practitioner as having M.E./Chronic Fatigue Syndrome, 80 responded to the inventors for information requesting to take the particular formula.

The findings of this initial pilot study indicated:

- i) One third of the respondents diagnosed with M.E./Chronic Fatigue Syndrome did not have this condition. Most had Candida, depression or arthritis. A number suffered from a combination. Due to the similarity and overlap of many symptoms, without practitioners being able to measure the response by administering separate formula for each of these conditions, it is not possible for them to accurately disseminate between these four conditions.
- ii) When a patient has been accurately diagnosed and they take the respective formula, as shown in Table 5, correctly, a full recovery is apparent at the end of the 25 day ingestion period.
- iii) A pattern also became evident with about one third of patients making a partial recovery and in a few cases no realistic recovery. In all these cases it became apparent each respective formula of the inventors was being frustrated. After further discussion and analysis of the patient records a clear pattern emerged.

In the majority of cases these patients had been exposed to either one or a combination of the following traditional treatments:

	<u>Side Effects</u>
(a) X-rays/scans	Medical irradiation
(b) Medical drugs	Misfunction
(c) Amalgam dental fillings	Mercury poisoning
(d) Organophosphate exposure	Nervous system

- iv) The inventors then developed an additional 'body cleanser/irrigator' formula (Table 6). After taking this 25 day formula the original formula still resting within these patients was then released to perform.
- v) Due to the alarming number of patients from referrals and potential patients suffering from the side effects of the above traditional treatments, the Foundation has successfully combined the 'irrigator' within each of its main formula. This prevents patients from having to take two formulae which doubles both the cost and time.

TABLE 5

Essential Oils		Herbs/Spices
Bergamot	1/4ml	<b>Herbs: 5:1</b>
Camphor	1/4ml	Bai Guo Ye - 2gm
Chamomile Roman	1/4ml	Ba Ji Tian - 2gm
Eucalyptus Globulus	1/4ml	Chen Xiang - 2gm
Ginger	1/4ml	Da Huang - 2gm
Juniper	1/4ml	Huang Lian - 2gm
Melissa	1/4ml	Niu Bang Zi - 2gm
Peppermint	1/4ml	Salix Alba - 2gm
Rose Geranium	1/4ml	Zhi Zi - 2gm
Rosemary	1/4ml	<b>Spices:</b>
Tea Tree	1/4ml	Cinnamon Sugar - 10gm
		Cloves 10gm
		Coriander - 10gm
		Garlic - 10g
		Juniper Berries - 10gm

Base Ingredients	Flavouring
<b>Honey Products</b>	
Royal Jelly - 20gm	Honey - 20ml
Bee Propolis - 20gm	Indian Brandee - 20ml
<b>Enzymes/Minerals</b>	Vanilla - 50gm
<b>Enzymes:</b>	
Vegetable Enzymes - 30gm	<b>Aloe Vera/Amino Acids/ Vitamins</b>
<b>Minerals:</b>	<b>Aloe Vera:</b>
Calcium - 10gm	2/3 litre
Garlic - 20gm	<b>Amino Acids:</b>
Inositol - 25gm	Copper Amino Acid Chelate - 30gm
Iron - 10gm	Lithium Threonine - 30gm
Mineral Clay Powders - 30gm	Superoxide Dismutase (S.O.D.) - 30gm
	Zinc Amino Acid Chelate - 5gm
	<b>Vitamins:</b>
	VIT C - 30gm
	VIT E D - Alpha Tocopherol - 10gm

TABLE 6

Aloe Vera	Essential Oils		Chinese Herbs/Indian Spices
Nectar	Bergamot Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Zeylanicum Clove Buds Eucalyptus Globulus Frankincense Fennel Hyssop Juniper Lemon Grass Mountain Savoury Niaouli Red Thyme Rosemary Rose Geranium Tagestes Ylang Ylang	1ml 1ml 1ml 1ml 1ml 1ml 1ml 1ml 1ml 1ml 1ml 1ml 1ml 1ml 1ml 1ml 1ml 1ml	<b>Chinese Herbs:</b> Acacia Catechu - 30gm Acanthopanax Gracilistylus - 30gm Caesalpinia Sappan - 30gm Epimedium Spinoso - 30gm  <b>Indian Spices:</b> Asapoetidia - 20gm Coconut Cream Block - 20gm Coriander - 20gm Fenugreek - 20gm Horseradish Ribbled - 20gm

Honey Products	Vitamins/Amino Acids	Other	Therapies
Royal Jelly - 4000gm Bee Propolis - 1ml	VIT C - 30gm VIT E D - Alpha Tocopherol - 30gm Inositol - 2500mg Pepsin - 30gm Selenium Methionine - 30gm Soya Isolate - 30gm Trace Mineral Clay - 30gm Whey Protein - 50gm Zinc Amino Acid Chelate - 30gm	Indian Brandee - 20ml Blackcurrant Concentrate - 20ml	Chinese Acupuncture - 2 sessions

**PRODUCT FORMULA BY AILMENT & ILLNESS**

<b>Product Formula A</b>		<b>- 2 capsules 3 times daily over 20 days</b>		<b>* + Formula Z - CRA - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)</b>	
Angina					
Artery Walls					
Asthma					
Essential Oils		Herbs/Spices		Base Ingredients	Flavouring
Basil	1/8ml	Herbs: 5:1	Honey Products	Aloe Vera/mino Acids/ Vitamins	Honey - 20ml
Bergamot	1/8ml	Bai Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brandee - 20ml
Camphor	1/8ml	Bu Gu Zhi - 2gm	Bee Propolis - 4:1 - 5gm		Vanilla - 50gm
Chamomile German	1/8ml	Ban Xia - 2gm			
Chamomile Maroc	1/8ml	Chen Xiang - 2gm			
Chamomile Roman	1/8ml	Da Huang - 2gm			
Cinnamon Leaf	1/8ml	Dang Shen - 2 gm			
Clove Buds	1/8ml	Er Cha - 2gm			
Dill	1/8ml	Ge Gen - 2gm			
Eucalyptus Globulus	1/8ml	Grapeseed - 15mcg			
Fennel	1/8ml	Lu Jiao Shuang - 2gm			
Frankincense	1/8ml	Ma Dou Ling - 10gm (1:1) (Not UK)			
Hyssop	1/8ml	Mai Men Dong - 2gm	Calcium Amino Acid Chelate 20% -	VIT C - 15gm	
Juniper	1/8ml	Ma Po Zhao Cao (Cats Claw) - 2gm	10gm	VIT E D - Alpha Tocopherol - 10gm	
Lavender	1/8ml	Niu Bang Zi - 2gm	Copper Amino Acid Chelate 20% -		
Lemon Grass	1/8ml	Pycnogenol - 10mcg	15gm		
Mountain Savoury	1/8ml	Salix Alba (White Willow) - 10gm 1:1			
Niaouli	1/8ml	Shen Jin Cao - 2gm			
Peppermint	1/8ml	Shu Di Huang - 2gm			
Rose Geranium	1/8ml	Su Mu - 2gm			
Rosemary	1/8ml	Suan Zao Ren - 2gm			
Tageses	1/8ml	Tian Nan Xing - 2gm			
Thyme Red	1/8ml	Wu Jia Pi - 2gm			
Ylang Ylang	1/8ml	Xing Ren - 2gm			
	1/8ml	Zhen Zhu Mu - 2gm			
	1/8ml	Zhi Mu - 2gm			
	1/8ml	Spices:			
	1/8ml	Asafoetida - 10gm			
	1/8ml	Cardamom - 10gm			
	1/8ml	Celery Salt - 10gm			
	1/8ml	Chilli Powder - 10gm			
	1/8ml	Coconut Cream Block - 10gm			
	1/8ml	Coriander - 10gm			
	1/8ml	Fenugreek - 10gm			
	1/8ml	Horseshid Ribbed - 10gm			
	1/8ml	Mace Ground - 10gm			
	1/8ml	Mixed Spices Sweet - 10gm			
	1/8ml	Nutmeg Powder - 10gm			

**SUBSTITUTE SHEET (RULE 26)**

## PRODUCT FORMULA BY AILMENT &amp; ILLNESS

Product Formula B		- 2 capsules 3 times daily over 20 days									
Abscess		* Formula Z - CRB - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart) ** Formula Z - CRN - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)									
Alcoholism		*Organophosphate Disease (OP's) **Candida (Thrush/Cystitis) Endometritis Colitis Crohn's Disease Diverticulitis									
**Anorexia **Bulimia		Indigestion *Irritable Bowel Hepatitis Hiatus Hernia HRT									
Bergamot Black Pepper Camphor Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Leaf Clove Buds Eucalyptus Globulus Fennel Frankincense Hyssop Juniper Berry Lemon Grass Mountain Savoury Niaouli Rose Geranium Rosemary Sweet Marjoram Tagetes Thyme Red Ylang Ylang		Herbs/Spices Essential Oils									
Bergamot Black Pepper Camphor Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Leaf Clove Buds Eucalyptus Globulus Fennel Frankincense Hyssop Juniper Berry Lemon Grass Mountain Savoury Niaouli Rose Geranium Rosemary Sweet Marjoram Tagetes Thyme Red Ylang Ylang		Herbs: 5:1 Bai Guo Ye (Ginkgo) - 2gm Bai Zhu - 2gm Chai Lu - 2gm Da Huang - 2gm Dang Gu - 2gm (Dong Quai) Dang Shen - 2gm Er Cha - 2gm Grapeseed - 15mcg Gui Ban - 2gm Jin Quian Cao - 2gm Jin Yin Hua - 2gm Lu Jiao Shuang - 2gm Mao Zhao Cao (Cats Claw) - 2gm Pycnogenol - 10mcg Saik Alba (White Willow) - 10gm 1:1 Shu Di Huang - 2gm Su Mu - 2gm Wu Ja Pi - 2gm Yan Hu Suo - 2gm Zi Zi - 2gm									
Bergamot Black Pepper Camphor Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Leaf Clove Buds Eucalyptus Globulus Fennel Frankincense Hyssop Juniper Berry Lemon Grass Mountain Savoury Niaouli Rose Geranium Rosemary Sweet Marjoram Tagetes Thyme Red Ylang Ylang		Honey Products Royal Jelly - 3.1 - 7gm Bee Propolis - 4.1 - 5gm									
Bergamot Black Pepper Camphor Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Leaf Clove Buds Eucalyptus Globulus Fennel Frankincense Hyssop Juniper Berry Lemon Grass Mountain Savoury Niaouli Rose Geranium Rosemary Sweet Marjoram Tagetes Thyme Red Ylang Ylang		Aloe Vera/Amino Acids/ Vitamins Aloe Vera: Over 70 nutrients - 3/4 litre									
Bergamot Black Pepper Camphor Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Leaf Clove Buds Eucalyptus Globulus Fennel Frankincense Hyssop Juniper Berry Lemon Grass Mountain Savoury Niaouli Rose Geranium Rosemary Sweet Marjoram Tagetes Thyme Red Ylang Ylang		Amino Acids: Glutamine - 15gm L-Threonine - 15gm Pycnogenol - 10mcg									
Bergamot Black Pepper Camphor Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Leaf Clove Buds Eucalyptus Globulus Fennel Frankincense Hyssop Juniper Berry Lemon Grass Mountain Savoury Niaouli Rose Geranium Rosemary Sweet Marjoram Tagetes Thyme Red Ylang Ylang		Enzymes/Minerals Enzymes: Vegetable Enzymes - 15gm									
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Bergamot Black Pepper Camphor Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Leaf Clove Buds Eucalyptus Globulus Fennel Frankincense Hyssop Juniper Berry Lemon Grass Mountain Savoury Niaouli Rose Geranium Rosemary Sweet Marjoram Tagetes Thyme Red Ylang Ylang		Minerals: Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Garlic - 6gm Inositol 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% : 5gm									
Bergamot Black Pepper Camphor Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Leaf Clove Buds Eucalyptus Globulus Fennel Frankincense Hyssop Juniper Berry Lemon Grass Mountain Savoury Niaouli Rose Geranium Rosemary Sweet Marjoram Tagetes Thyme Red Ylang Ylang		Vitamins: VIT C - 15gm VIT E D - Alpha Tocopherol - 10gm									
Bergamot Black Pepper Camphor Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Leaf Clove Buds Eucalyptus Globulus Fennel Frankincense Hyssop Juniper Berry Lemon Grass Mountain Savoury Niaouli Rose Geranium Rosemary Sweet Marjoram Tagetes Thyme Red Ylang Ylang		Flavouring									

PRODUCT FORMULA BY AILMENT & ILLNESS

Product Formula C1	(Prevention) - 2 capsules x 3 times daily for 20 days ** + Formula Z - CRN - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)		
Cold Antidote	Coughs/Bronchitis	Influenza Antidote	**Pneumonia
Essential Oils	Herbs/Spices	Base Ingredients	Flavouring
Bergamot	Herbs: 5:1 Da Huang - 2gm Echinacea Angustifolia - 10gm (1:1)	Honey Products Royal Jelly - 3:1 - 7gm Bee Propolis - 4:1 - 5gm	Honey - 20ml
Chamomile German	1/6ml		Indian Brandee - 20ml
Chamomile Maroc	1/6ml		Vanilla - 50gm
Chamomile Roman	1/6ml		
Cinnamon Leaf	1/6ml		
Clove Buds	1/6ml		
Eucalyptus Globulus	1/6ml		
Fennel	1/6ml		
Frankincense	1/6ml		
Hyssop	1/6ml		
Juniper	1/6ml		
Lemon Grass	1/6ml		
Mountain Savoury	1/6ml		
Myrtle Red	1/6ml		
Niaouli	1/6ml		
Palchouli	1/6ml		
Pine	1/6ml		
Rose Geranium	1/6ml		
Rosemary	1/6ml		
Spanish Marjoram	1/6ml		
Sweet Thyme	1/6ml		
Tagetes	1/6ml		
Thyme Red	1/6ml		
Ylang Ylang	1/6ml		
		<u>Aloe Vera/Amino Acids/ Vitamins</u> <u>Aloe Vera:</u> Over 70 nutrients - 3/4 litre	
		<u>Enzymes/Minerals</u> <u>Enzymes:</u> Vegetable Enzymes - 15gm	<u>Amino Acids:</u> L- Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm
		<u>Minerals:</u> Calcium Amino Acid Chelate 20% - 10gm	<u>Vitamins:</u> VIT C - 15gm VIT E D - Alpha Tocopherol - 10gm
		Copper Amino Acid Chelate 20% - 15gm	
		Garlic - 5gm	
		Inositol 25gm	
		Iron Gluconate 12.5% - 10gm	
		Mineral Clay Powders - 15gm	
		Zinc Amino Acid Chelate 20% - 5gm	

**SUBSTITUTE SHEET (RULE 26)**

PRODUCT FORMULA BY AILMENT & ILLNESSProduct Formula C2(Cure) - Phial (single 50ml dose)

- + Formula Z - CRC2 - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)
- + Formula Z - CRN - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)
- \*Influenza Antidote
- \*\*Pneumonia

Cold Antidote

Essential Oils	Herbs/Spices	Base Ingredients	Flavouring
Camphor Chamomile Roman Eucalyptus Globulus Grand Fir Juniper Melissa Patchouli Tea Tree	Herbs: 5:1 1/8ml Che Qian Cao - 2gm 1/8ml Dan Shen - 2gm 1/8ml Echinacea Angustifolia - 10gm 1/8ml Huang Lian - 2gm 1/8ml Jie Geng - 2gm 1/8ml Jin Yin Hua - 2gm 1/8ml Lian Zi (Red) - 2gm 1/8ml Long Yan Rou - 2gm 1/8ml Niu Bang Zi - 2 gm 1/8ml Sang Ye - 2gm 1/8ml Xing Ren - 2gm	<u>Honey Products</u> Royal Jelly - 10gm Bee Propolis - 10gm	Honey - 20ml Indian Brandee - 20ml Vanilla - 50gm

PRODUCT FORMULA BY AILMENT & ILLNESS

Product Formula D		- 2 capsules 3 times daily over 20 days	
*Clinical Depression (inherited) Hypertension		*+ Followed by Formula F - Clarissa Balancing System - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)	
*Insomnia *Lifestyle Depression	Mental Breakdown Post Natal Depression	*Psychopathological Stress	Social Violence
Essential Oils	Herbs/Spices	Base Ingredients	Flavouring
Basil Bergamot Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Leaf Clove Buds Eucalyptus Globulus Fennel Frankincense Grapefruit Hopsop Juniper Lemon Grass Melissa Mountain Savoury Niaouli Rose Geranium Rosemary Sweet Marjoram Tagetes Thyme Red Ylang Ylang	Herbs: 5:1 1/8ml Bai Dou Kou - 2gm 1/8ml Bai Guo Ye (Ginkgo) - 2gm 1/8ml Bai He - 2gm 1/8ml Da Huang - 2gm 1/8ml Dang Shen - 2gm 1/8ml Du Zhong - 2gm 1/8ml Er Cha - 2gm 1/8ml Grapeseed - 15mcg 1/8ml Gui Ban - 2gm 1/8ml Pycnogenol - 10mcg 1/8ml Su Mu - 2gm 1/8ml Tian Ma - 2gm (Not UK) 1/8ml Wu Jia Pi - 2gm 1/8ml Yin Yang Huo - 2gm 1/8ml Spices: 1/8ml Aniseed - 10gm 1/8ml Asafoetida - 10gm 1/8ml Chilli - 10gm 1/8ml Coconut Cream Block - 10gm 1/8ml Coconut Ground - 10gm 1/8ml Coriander - 10gm 1/8ml Fenugreek - 10gm 1/8ml Horsradish Ribbed - 10gm 1/8ml Mace Ground - 10gm 1/8ml Mixed Spices Sweet - 10gm	Honey Products Honey - 20ml Royal Jelly - 3:1 - 7gm Bee Propolis - 4:1 - 5gm  Enzymes/Minerals Enzymes: Vegetable Enzymes - 15gm  Amino Acids: L-Threonine - 15gm Phosphatidyl Cholim - 10gm Superoxide Dismutase (S.O.D.) - 15gm  Minerals: Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Garlic - 5gm Inositol 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm	Honey - 20ml Indian Brandee - 20ml Vanilla - 50gm

SUBSTITUTE SHEET (RULE 26)

PRODUCT FORMULA BY AILMENT & ILLNESS

Product Formula E		- 2 capsules 3 times daily over 20 days		Gum Disorders Hay Fever		Mouth Infections Pharyngitis		Sinusitis		Flavouring	
Ear Ache, Throat Infections	Eye Infections	Eye Retina Glaucoma		Herbs/Spices		Base Ingredients		Aloe Vera/Amino Acids/ Vitamins			
Essential Oils	Essential Oils	Herbs: 5:1		Honey Products		Aloe Vera:		Aloe Vera:		Honey - 20ml	
Aniseed		1/6ml	Da Huang - 2gm		Royal Jelly - 3:1 - 7gm					Indian Brandee - 20ml	
Bergamot		1/6ml	Er Clia - 2gm		Bee Propolis - 4:1 - 5gm					Vanilla - 50gm	
Camphor		1/6ml	Grapeseed - 15mcg								
Carrot		1/6ml	Jin Yin Hua - 2gm								
Chamomile German		1/6ml	Proctogenol - 10mcg								
Chamomile Maroc		1/6ml	Qiang Huo - 2gm								
Chamomile Roman		1/6ml	Salix Alba (White Willow) - 10gm								
Cinnamon Leaf		1/6ml									
Clove Buds		1/6ml	Su Mu - 2gm								
Dill		1/6ml	Tian Nan Xing - 2gm								
Eucalyptus Globulus		1/6ml	Wu Bei Zi - 2gm								
Fennel		1/6ml	Wu Jia Pi - 2gm								
Frankincense		1/6ml	Xing Ren - 2gm								
Hazel		1/6ml	Yan Hu Suo - 2gm								
Hyssop		1/6ml	Zhi Zi - 2gm								
Juniper Berry		1/6ml									
Lavender		1/6ml									
Lemon Grass		1/6ml									
Mountain Savoury		1/6ml									
Niaouli		1/6ml									
Peppermint		1/6ml									
Rose Geranium		1/6ml									
Rosemary		1/6ml									
Sweet Marjoram		1/6ml									
Tagetes		1/6ml									
Thyme Red		1/6ml									
Rhyme Sweet		1/6ml									
Ylang Ylang		1/6ml									

SUBSTITUTE SHEET (RULE 26)

**PRODUCT FORMULA BY AILMENT & ILLNESS****Product Formula F - CBA** 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)

**Clarissa Carer - Personal Balancing System**  
- Lack of Self Confidence

Flower Remedies	Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils
Agrimony - 1ml	Bergamot	1/6ml		
Crab Apple - 1ml	Chamomile Roman	1/6ml		
Sweet Chestnut - 1ml	Eucalyptus Globulus	1/6ml		
	Fennel	1/6ml		
	Hysop	1/6ml		
	Juniper	1/6ml		
	Niaouli	1/6ml		
			Aloe Vera Pure - 20ml Honey 20ml	
				Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml

**Product Formula F - CBB** 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)

**Clarissa Carer - Personal Balancing System**  
- Love and Contentment

Flower Remedies	Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils
Aspen - 1ml	Bergamot	1/6ml		
Chicory - 1ml	Chamomile Roman	1/6ml		
Corse - 1ml	Eucalyptus Globulus	1/6ml		
Mimulus - 1ml	Fennel	1/6ml		
Vervain - 1ml	Hysop	1/6ml		
Wild Rose - 1ml	Juniper	1/6ml		
	Niaouli	1/6ml		
			Aloe Vera Pure - 20ml Honey - 20ml	
				Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml

PRODUCT FORMULA BY AILMENT & ILLNESS**Product Formula F - CBC**    **2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)****Clarissa Carer - Personal Balancing System**

- Fear of Achievement

Flower Remedies	Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils
Beech - 1ml	Bergamot 1/8ml	Herbs: 5:1 Da Huang - 2gm	Aloe Vera Pure - 20ml	Avocado - 10ml
Clematis - 1ml	Chamomile Roman 1/8ml	Jin Ying Zi - 2gm	Honey - 20ml	Grapeseed - 40ml
	Eucalyptus Globulus 1/8ml	Sang Ye - 2gm		Hazelnut - 10ml
Hornbeam - 1ml	Fennel 1/8ml			
	Hyssop 1/8ml			
Larch - 1ml	Juniper 1/8ml			
Mustard - 1ml	Niaouli 1/8ml			
Vine - 1ml		Spices: Asafoetida - 10gm		
		Cloves Ground - 10gm		

**Product Formula F - CBD**    **2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)****Clarissa Carer - Personal Balancing System**

- Anger &amp; Jealousy

Flower Remedies	Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils
Centuary - 1ml	Bergamot 1/8ml	Herbs: 5:1 Da Huang - 2gm	Aloe Vera Pure - 20ml	Avocado - 10ml
Elm - 1ml	Chamomile Roman 1/8ml	Ye Ju Jua - 2gm	Honey - 20ml	Grapeseed - 40ml
Impatiens - 1ml	Eucalyptus Globulus 1/8ml			Hazelnut - 10ml
	Fennel 1/8ml			
	Hyssop 1/8ml			
Walnut - 1ml	Juniper 1/8ml			
Wild Oat - 1ml	Niaouli 1/8ml			
		Spices: Cardamom Seeds - 10gm		
		Fenugreek Powder - 10gm		

**PRODUCT FORMULA BY AILMENT & ILLNESS****Product Formula F - CBE      2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)****Clarissa Carer - Personal Balancing System****- Hate & Regret**

Flower Remedies	Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils
Cerato - 1ml	Bergamot	1/8ml Herbs: 5:1	Aloe Vera Pure - 20ml	Avocado - 10ml
Gentian - 1ml	Chamomile Roman	1/8ml Da Huang - 2gm	Honey - 20ml	Grapeseed - 40ml
Heather - 1ml	Eucalyptus Globulus	1/8ml Fu Pen Zi - 2gm		Hazelnut - 10ml
Leather - 1ml	Fennel	1/8ml		
Oak - 1ml	Hyssop	1/8ml		
Rock Water - 1ml	Juniper	1/8ml Caraway Ground - 10gm		
Scleranthus - 1ml	Niaouli	1/8ml Chilli Powder - 10gm		

**Product Formula F - CBF      2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)****Clarissa Carer - Personal Balancing System****- Lack of Self Esteem**

Flower Remedies	Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils
Cherry Plum - 1ml	Bergamot	1/8ml Herbs: 5:1	Aloe Vera Pure - 20ml	Avocado - 10ml
Holly - 1ml	Chamomile Roman	1/8ml Che Quian Cao - 2gm	Honey 20ml	Grapeseed - 40ml
Olive - 1ml	Eucalyptus Globulus	1/8ml Da Huang - 2gm		Hazelnut - 10ml
Red Chestnut - 1ml	Fennel	1/8ml Su Mu - 2gm		
Rock Rose - 1ml	Hyssop	1/8ml		
White Chestnut - 1ml	Juniper	1/8ml Spices: Aarrowroot Ground - 10gm		
	Niaouli	1/8ml Cinnamon Ground - 10gm		

PRODUCT FORMULA BY AILMENT & ILLNESS**Product Formula F - CBG** 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)**Clarissa Carer - Personal Balancing System**  
- Mental Strength & Stamina

Flower Remedies	Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils
Chestnut Bud - 1ml	Bergamot 1/6ml	Herbs: 5:1 Da Huang - 2gm Gou Teng - 2gm Hu Huang Lian - 10gm	Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml
Honeysuckle - 1ml	Chamomile Roman 1/6ml			
Pine - 1ml	Eucalyptus Globulus 1/6ml			
Star of Bethlehem - 1ml	Fennel 1/6ml			
Water Violet - 1ml	Hyssop 1/6ml			
Willow - 1ml	Juniper 1/6ml			
Rescue Remedy - 1ml	Niaouli 1/6ml	Spices: Coriander Ground - 10gm Laos Powder - 10gm		

**Product Formula F - CBH** 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)**Clarissa Carer - Personal Balancing System**  
- Guilt & Responsibility

Flower Remedies	Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils
Aspen - 1ml	Bergamot 1/6ml	Herbs: 5:1 Bai Guo - 2gm Da Huang - 2gm Hu Po - 2gm	Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml
Cherry Plum - 1ml	Chamomile Roman 1/6ml			
Echin - 1ml	Eucalyptus Globulus 1/6ml			
Honeysuckle - 1ml	Fennel 1/6ml			
	Hyssop 1/6ml			
	Juniper 1/6ml			
	Niaouli 1/6ml	Spices: Cardamom - 10gm Fennel Powder - 10gm		

PRODUCT FORMULA BY AILMENT & ILLNESS**Product Formula F - CBT**    **2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)**

**Clarissa Carer - Personal Balancing System**  
**- Abuse, Trauma & Shock**

Flower Remedies	Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils
Bergamot	1/6ml	Herbs: 5:1	Aloe Vera Pure - 20ml	Avocado - 10ml
Chamomile Roman	1/6ml	Chan Tui - 2gm	Honey - 20ml	Grapeseed - 40ml
Eucalyptus Globulus	1/6ml	Da Huang - 2gm		
Fennel	1/6ml	Jin Ying Zi - 2gm		Hazelnut - 10ml
Hyssop	1/6ml			
Juniper	1/6ml			
Niaouli	1/6ml			
		Spices:		
		Carob - 10gm		
		Dill - 10gm		

**Product Formula F - CBT**    **2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)**

**Clarissa Balancing System**  
**- Bereavement/Loss**

Flower Remedies	Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils
Bergamot	1/6ml	Herbs: 5:1	Aloe Vera Pure - 20ml	Avocado - 10ml
Chamomile Roman	1/6ml	Ba Ji Tian - 2gm	Honey - 20ml	Grapeseed - 40ml
Eucalyptus Globulus	1/6ml	Da Huang - 2gm		
Fennel	1/6ml	Xian He Cao - 2gm		Hazelnut - 10ml
Hyssop	1/6ml			
Juniper	1/6ml			
Niaouli	1/6ml			
		Spices:		
		Anise Star - 10gm		
		Chilli - 10gm		

## PRODUCT FORMULA BY AILMENT & ILLNESS

Product Formula Guide

Phial (Single 50ml dose)

## Gastroenteritis Sickness

**SUBSTITUTE SHEET (RULE 26)**

## PRODUCT FORMULA BY ALIMENT &amp; ILLNESS

Product Formula H	Phial (Single 50ml dose)	Herbs/Spices	Vitamins/Amino Acids	Flavouring																																																			
Headache Migraine	<table border="1"> <thead> <tr> <th>Essential Oils</th><th>Herbs: 5:1</th><th>Spices:</th><th></th></tr> </thead> <tbody> <tr> <td>Basil</td><td>1/6ml</td><td>Da Huang - 2gm</td><td>VIT C - 15gm</td></tr> <tr> <td>Bergamot</td><td>1/6ml</td><td>Salix Alba (White Willow) - 10gm</td><td>Inositol - 25gm</td></tr> <tr> <td>Camphor</td><td>1/6ml</td><td>1:1</td><td>Vegetable Enzymes - 15gm</td></tr> <tr> <td>Chamomile Roman</td><td>1/6ml</td><td>Su Mu - 2gm</td><td></td></tr> <tr> <td>Dill</td><td>1/6ml</td><td>Yan Hu Suo - 2gm</td><td></td></tr> <tr> <td>Eucalyptus Globulus</td><td>1/6ml</td><td>Yang Rong Wan - 2gm (Patent)</td><td></td></tr> <tr> <td>Fennel</td><td>1/6ml</td><td></td><td></td></tr> <tr> <td>Ginger</td><td>1/6ml</td><td></td><td></td></tr> <tr> <td>Hyssop</td><td>1/6ml</td><td>Spices:</td><td></td></tr> <tr> <td>Juniper</td><td>1/6ml</td><td>Caraway Ground - 10gm</td><td></td></tr> <tr> <td>Niaouli</td><td>1/6ml</td><td>Fennel - 10gm</td><td></td></tr> <tr> <td>Patchouli</td><td>1/6ml</td><td></td><td></td></tr> </tbody> </table>	Essential Oils	Herbs: 5:1	Spices:		Basil	1/6ml	Da Huang - 2gm	VIT C - 15gm	Bergamot	1/6ml	Salix Alba (White Willow) - 10gm	Inositol - 25gm	Camphor	1/6ml	1:1	Vegetable Enzymes - 15gm	Chamomile Roman	1/6ml	Su Mu - 2gm		Dill	1/6ml	Yan Hu Suo - 2gm		Eucalyptus Globulus	1/6ml	Yang Rong Wan - 2gm (Patent)		Fennel	1/6ml			Ginger	1/6ml			Hyssop	1/6ml	Spices:		Juniper	1/6ml	Caraway Ground - 10gm		Niaouli	1/6ml	Fennel - 10gm		Patchouli	1/6ml				
Essential Oils	Herbs: 5:1	Spices:																																																					
Basil	1/6ml	Da Huang - 2gm	VIT C - 15gm																																																				
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Hyssop	1/6ml	Spices:																																																					
Juniper	1/6ml	Caraway Ground - 10gm																																																					
Niaouli	1/6ml	Fennel - 10gm																																																					
Patchouli	1/6ml																																																						

## SUBSTITUTE SHEET (RULE 26)

**PRODUCT FORMULA BY AILMENT & ILLNESS****Product Formula** - 2 capsules 3 times daily over 20 days

Infertility

Essential Oils	Herbs/Spices	Base Ingredients	Flavouring
			Aloe Vera/Amino Acids/ Vitamins
Basil	1/8ml	Herbs: 5:1	Honey - 20ml
Bergamot	1/8ml	Da Huang - 2gm	Indian Brandee - 20ml
Chamomile German	1/8ml	Er Cha - 2gm	Vanilla - 50gm
Chamomile Maroc	1/8ml	Huai Jiao Zi - 2gm	
Chamomile Roman	1/8ml	Lian Zi (Red) - 2gm	
Cinnamon Leaf	1/8ml	Lu Jiao Shuang - 2gm	
Clove Buds	1/8ml	Su Mu - 2gm	
Eucalyptus Globulus	1/8ml	Wu Jia Pi - 2gm	
Faligue	1/8ml		
Fennel	1/8ml		
Frankincense	1/8ml		
Hyssop	1/8ml	Asafoetida - 10gm	VIT C - 15gm
Juniper	1/8ml	Caiob - 10gm	VIT E D - Alpha Tocopherol - 10gm
Lavender	1/8ml	Chilli Powder - 10gm	
Lemon Grass	1/8ml	Chnamon Sugar - 10gm	
Mountain Savoury	1/8ml	Coconut Cream Block - 10gm	
Niaouli	1/8ml	Coriander - 10gm	
Patchouli	1/8ml	Fenugreek - 10gm	
Rose Geranium	1/8ml	Ginger - 10gm	
Rosemary	1/8ml	Horsradish Ribbled - 10gm	
Tagetes	1/8ml	Juniper Berries - 10gm	
Thyme Red	1/8ml	Mace Ground - 10gm	
Ylang Ylang	1/8ml		

**SUBSTITUTE SHEET (RULE 26)**

**PRODUCT FORMULA BY AILMENT & ILLNESS**

Product Formula J	- 2 capsules 3 times daily over 20 days		* + Formula Z - CRJ - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)		** + Formula Z - CRN - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)							
	** Acne	** Aids	** Alzheimer's Disease	Dermatitis	** Batten's Disease	Eczema	Hair & Scalp Conditions	Labyrinthitis	Herbs/Spices	Honey Products	Base Ingredients	Flavouring
Bergamot	1/8ml								Bai Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3:1 - 7gm	<u>Aloe Vera/Amino Acids/ Vitamins</u>	Honey - 20ml
Camphor	1/8ml								Ba Ji Tian - 2gm	Bee Propolis - 4:1 - 5gm	<u>Aloe Vera:</u>	Indian Brandee - 20ml
Chamomile German	1/8ml								Da Huang - 2gm			Vanilla - 50gm
Chamomile Maroc	1/8ml								Dang Shen - 2gm			
Chamomile Roman	1/8ml								Er Cha - 2gm			
Cinnamon Leaf	1/8ml								Grapeseed - 15mcg			
Clove Buds	1/8ml								Pycnogenol - 10mcg			
Eucalyptus Globulus	1/8ml								Salix Alba (White Willow) - 10gm			
Fennel	1/8ml								1:1			
Frankincense	1/8ml								Shu Di Huang - 2gm			
Hyssop	1/8ml								Su Mu - 2gm			
Juniper	1/8ml								Wu Jia Pi - 2gm			
Lemon Grass	1/8ml								Wu Yao - 2gm			
Mountain Savoury	1/8ml								Zhen Zhu Mu - 2gm			
Niaouli	1/8ml											
Rosemary	1/8ml									Allspice - 10gm		
Rose Geranium	1/8ml									Asafoetida - 10gm		
Tagetes	1/8ml									Cayenne Pepper - 10gm		
Thyme Red	1/8ml									Chilli Powder - 10gm		
Ylang Ylang	1/8ml									Coriander - 10gm		
										Dill Seeds - 10gm		
										Fenugreek - 10gm		
										Horseradish Ribbed - 10gm		
										Macé Ground - 10gm		
										Slippery Elm - 10gm		

**SUBSTITUTE SHEET (RULE 26)**

## PRODUCT FORMULA BY AILMENT & ILLNESS

**Product Formula K** - 2 capsules 3 times daily over 20 days

Product Formula K		- 2 capsules 3 times daily over 20 days			
Cerebral Palsy Chicken Pox		Epilepsy Measles		Mumps Scarlet Fever	
Essential Oils		Herbs/Spices		Base Ingredients	Flavouring
Basil	1/6ml	<u>Herbs: 5:1</u>	<u>Honey Products</u>	<u>Aloe Vera/ Amino Acids/ Vitamins</u>	Honey - 20ml
Bergamot	1/6ml	Chi Shao Yao - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brandee - 20ml
Carrot	1/6ml	Da Huang - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - 3/4 litre	Vanilla - 50gm
Chamomile German	1/6ml	Er Cha - 2gm			
Chamomile Maroc	1/6ml	Guo Teng - 2gm			
Chamomile Roman	1/6ml	Huang Lian - 2gm			
Cinnamon Leaf	1/6ml	Mao Zhao Cao (Cats Claw) - 2gm			
Clove Buds	1/6ml	Mu Tong - 2gm			
Eucalyptus Globulus	1/6ml	Niu Bang Zi - 2gm			
Fennel	1/6ml	Su Mu - 2gm			
Frankincense	1/6ml	Wu Jia Pi - 2gm			
Hyssop	1/6ml				
Juniper	1/6ml	Asafoetida - 10gm			
Lemon Grass	1/6ml	Chilli Powder - 10gm			
Mountain Savoury	1/6ml	Coconut Cream Block - 10gm			
Niaouli	1/6ml	Coconut Ground - 10gm			
Rose Geranium	1/6ml	Coriander - 10gm			
Rosemary	1/6ml	Dutch Caraway - 10gm			
Tagetes	1/6ml	Fenugreek - 10gm			
Thyme Red	1/6ml	Horsradish - 10g			
Ylang Ylang	1/6ml	Mace Ground - 10gm			
		Mixed Spices Sweet - 10gm			

## PRODUCT FORMULA BY AILMENT & ILLNESS

**Product Formulations** - 2 capsules 3 times daily over 20 days

Birth Control

Product Formula L		- 2 capsules 3 times daily over 20 days			
Birth Control		Essential Oils	Herbs/Spices	Base Ingredients	Flavouring
Aniseed	1/8ml	<u>Herbs: 5:1</u>	<u>Honey Products</u>	<u>Aloe Vera/Amino Acids/ Vitamins</u>	Honey - 20ml
Bergamot	1/8ml	Da Huang - 2gm	Royal Jelly - 3:1 - 7gm	<u>Aloe Vera:</u>	Indian Brandee - 20ml
Chamomile German	1/8ml	Er Cha - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - 3/4 litre	Vanilla - 50gm
Chamomile Maroc	1/8ml	He Zi - 2gm			
Chamomile Roman	1/8ml	Jin Ying Zi - 2gm			
Cinnamon Leaf	1/8ml	Mao Zhao Cao (Cats Claw) - 2gm			
Clove Buds	1/8ml	Mu Hu Die - 2gm			
Eucalyptus Globulus	1/8ml	Su Mu - 2gm			
Fennel	1/8ml	Wu Jia Pi - 2gm			
Frankincense	1/8ml	Yam - 2gm			
Hyssop	1/8ml				
Juniper	1/8ml	<u>Spices:</u>			
Lavender	1/8ml	Asafoetida - 10gm			
Lemon Grass	1/8ml	Cardamom - 10gm			
Mountain Savoury	1/8ml	Chilli Powder - 10gm			
Niaouli	1/8ml	Coconut Cream Block - 10gm			
Rose Geranium	1/8ml	Coriander - 10gm			
Rosemary	1/8ml	Fennel - 10gm			
Tageses	1/8ml	Fenugreek - 10gm			
Thyme Red	1/8ml	Horseradish Ribbed - 10gm			
Ylang Ylang	1/8ml	Mace - 10gm			
		Onion - 10gm			

## **PRODUCT FORMULA BY ALIMENT & ILLNESS**

Product Formula M		- 2 capsules 3 times daily over 20 days * + Formula Z - CRM - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)			
*Anaemia Glandular Fever L.ypus		<b>*ME</b> <b>*Motor Neurone Disease</b> <b>M.R.S.A.virus</b>			
Essential Oils		Herbs/Spices		<b>*Muscular Dystrophy</b> <b>*Thyroid Gland (over and under active)</b>	
Bergamot	1/8ml	<b>Herbs: 5:1</b>	<b>Honey Products</b>	<b>Aloe Vera/Amino Acids/ Vitamins</b>	<b>Flavouring</b>
Camphor	1/8ml	Bai Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3.1 - 7gm	Aloe Vera:	Honey - 20ml
Chamomile German	1/8ml	Ba Ji Tian - 2gm	Bee Propolis - 4.1 - 5gm	Over 70 nutrients - 3/4 litre	Indian Brandee - 20ml
Chamomile Maroc	1/8ml	Chen Xiang - 2gm			Vanilla - 50gm
Chamomile Roman	1/8ml	Da Huang - 2gm			
Cinnamon Leaf	1/8ml	Er Cha - 2gm			
Clove Buds	1/8ml	Grapeseed - 15mcg			
Eucalyptus Globulus	1/8ml	Huang Lian - 2gm			
Fennel	1/8ml	Mao Zhao Cao (Cats Claw) - 2gm			
Frankincense	1/8ml	Niu Bang Zi - 2gm			
Ginger	1/8ml	Pycnogenol - 10mcg			
Hyssop	1/8ml	Salix Alba (White Willow) - 10gm			
Juniper	1/8ml	1.1.			
Lemon Grass	1/8ml	Su Mu - 2gm			
Melissa	1/8ml	Wu Jia Pi - 2gm			
Mountain Savoury	1/8ml	Zhi Zi - 2gm			
Niaouli	1/8ml		<b>Spices:</b>		
Peppermint	1/8ml		Asafoetida - 10gm		
Rose Geranium	1/8ml		Chilli Powder - 10gm		
Rosemary	1/8ml		Cinnamon Sugar - 10gm		
Tagesles	1/8ml		Cloves 10gm		
Tea Tree	1/8ml		Coconut Cream Block - 10gm		
Thyme Red	1/8ml		Coriander - 10gm		
Ylang Ylang	1/8ml		Fenugreek - 10gm		

PRODUCT FORMULA BY AILMENT & ILLNESSNUTRITIONAL AND BODY CLEANSING DRINK SUPPLEMENT- 10ml daily preferably at bedtime - 90 days supplyImmune System

<u>Product Formula N</u>	<u>Essential Oils</u>	<u>Herbs/Spices</u>	<u>Honey Products</u>	<u>Base Ingredients</u>	<u>Flavouring</u>
Basil	1/6ml	Herbs: 5:1	Royal Jelly - 3:1 - 7gm		Honey - 20ml
Bergamot	1/6ml	Bai Guo Ye (Ginkgo) - 1gm	Bee Propolis - 4:1 - 5gm		Indian Brandy - 20ml
Chamomile German	1/6ml	Bai Zhi - 1gm			Vanilla - 50gm
Chamomile Maroc	1/6ml	Ban Xia - 1gm			
Chamomile Roman	1/6ml	Boswellia Serrata - 5gm 1:1			
Cinnamon Leaf	1/6ml	Chai Hu - 1gm			
Clove Buds	1/6ml	Da Huang 1gm			
Eucalyptus Globulus	1/6ml	Dang Gui (Dong Quai) - 1 gm			
Fennel	1/6ml	Dang Shen - 1gm			
Frankincense	1/6ml	Er Cha - 1gm			
Hyssop	1/6ml	Chamaelirium Lutea (False Unicorn) - 1gm			
Juniper	1/6ml	Gou Qi Zi (Lycium) - 1gm			
Lemon Grass	1/6ml	Grapeseed - 15mcg			
Mountain Savoury	1/6ml	Lu Jiao Shuang - 1gm			
Niaouli	1/6ml	Ma Zhao Cao (Cats Claw) - 1gm			
Rose Geranium	1/6ml	Maxican Yam Root - 5gm 1:1			
Rosemary	1/6ml	Man Jing Zi - 1gm			
Tagetes	1/6ml	Pycnogenol - 10mcg			
Thyme Red	1/6ml	Rou Cong Rong - 1gm			
Ylang Ylang	1/6ml	Saike Alba (White Willow) - 5gm 1:1			
		Shan Zha - 1gm			
		Sheng Ma - 1gm			
		Su Mu - 1gm			
		Wu Jia Pi - 1gm			
		Yi Mu Cao - 1gm			
		Yohimbe (prescription only) - 1gm			
		Spices:			
		Alspice - 5gm			
		Asafoetida - 5gm			
		Caraway Ground - 5gm			
		Chill Powder - 5gm			
		Coconut Cream Block - 5gm			
		Coriander - 5gm			
		Cream of Tartar - 5gm			
		Fenugreek - 5gm			
		Horseradish Ribbed - 5gm			
		Macé Ground - 5gm			

SUBSTITUTE SHEET (RULE 26)

## **PRODUCT FORMULA BY AILMENT & ILLNESS**

**Product Formula 0** - 2 capsules 3 times daily over 20 days

Product Formula Q		Partial & Total Deafness			
		Essential Oils	Herbs/Spices	Base Ingredients	Flavouring
Basil	1/6ml	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Bergamot	1/6ml	Bai Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brande - 20ml
Carrot	1/6ml	Da Huang - 2gm	Bee Propolis - 4:1 - 5gm	Over 70 nutrients - 3/4 litre	Vanilla - 50gm
Chamomile German	1/6ml	Er Cha - 2gm			
Chamomile Maroc	1/6ml	Gou Teng - 2gm			
Chamomile roman	1/6ml	Mu Li - 2gm			
Cinnamon Leaf	1/6ml	Sang Ye - 2gm			
Clove Buds	1/6ml	Su Mu - 2gm			
Eucalyptus Globulus	1/6ml	Wu Jia Pi - 2gm			
Fennel	1/6ml	Ye Ju Hua - 2gm			
Frankincense	1/6ml				
Hyssop	1/6ml	Spices:			
Juniper	1/6ml	Anise Star - 10gm			
Lemon Grass	1/6ml	Asafoetida - 10gm			
Melissa	1/6ml	Cassia - 10gm			
Mountain Savoury	1/6ml	Chilli Powder - 10gm			
Niaouli	1/6ml	Coconut Cream Block - 10gm			
Rose Geranium	1/6ml	Coriander - 10gm			
Rosemary	1/6ml	Fennel - 10gm			
Tagesles	1/6ml	Fenugreek - 10gm			
Thyme Red	1/6ml	Horseradish Ribbed - 10gm			
Ylang Ylang	1/6ml	Laos - 10gm			
		Mace Ground - 10gm			
		Turmeric - 10gm			

**PRODUCT FORMULA BY AILMENT & ILLNESS**

<u>Product Formula P</u>		<u>- 2 capsules 3 times daily over 20 days</u>	
<u>Impotence</u>	<u>Libido</u>	<u>Prostrate Gland</u>	
<u>Essential Oils</u>	<u>Herbs/Spices</u>	<u>Base Ingredients</u>	<u>Flavouring</u>
Basil Bergamot Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Leaf Clove Buds Eucalyptus Globulus Fatigue Fennel Frankincense Hyssop Juniper Lavender Lemon Grass Mountain Savoury Niaouli Rose Geranium Rosemary Tageses Thyme Red Ylang Ylang	<p><b>Herbs: 5:1</b></p> <p>Bai Guo Ye (Ginkgo) - 2gm Da Huang - 2gm Dang Gui (Dong Quai) - 2gm Er Cha - 2gm Grapeseed - 15mcg Huang Qi - 2gm Jiang Can - 2gm Lian Zi (Red) - 2gm Lu Jiao Shuang - 2gm  Mai Ya - 2gm Mu Dan Pi 2gm Psynogenol - 10mcg Shu Di Huang - 2gm Su Mu - 2gm Wu Jia Pi - 2gm Yohimbe (Prescription only) - 2gm</p> <p><b>Spices:</b></p> <p>Allspice - 10gm Asoaotidia - 10gm Celery Salt - 10gm Chilli Powder - 10gm Coconut Cream Block - 10gm Coriander - 10gm Dill Seeds - 10gm Fenugreek - 10gm Garlic - 10gm Horseradish Ribbed - 10gm Mace Ground - 10gm</p>	<p><b>Honey Products</b></p> <p>Royal Jelly - 3:1 - 7gm Bee Propolis - 4:1 - 5gm</p> <p><b>Enzymes/Minerals</b></p> <p>Enzymes: Vegetable Enzymes - 15gm</p> <p><b>Minerals:</b></p> <p>Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Garlic - 5gm Inositol 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm</p>	<p>Honey - 20ml Indian Brandee - 20ml Vanilla - 50gm</p>

**PRODUCT FORMULA BY AILMENT & ILLNESS****Product Formula Q** - 2 capsules 3 times daily over 20 days

Abrasions, Bruises, Burns, Cuts		Bunions		Base Ingredients		Flavouring	
Essential Oils	Herbs/Spices	Herbs/Spices	Herbs/Spices	Aloe Vera/Amino Acids/Vitamins	Aloe Vera:	Aloe Vera:	Honey - 20ml
Aniseed	1/8ml	Herbs: 5:1	Honey Products	Indian Brandee - 20ml			
Bergamot	1/8ml	Da Huang - 2gm	Royal Jelly - 3.1 - 7gm				
Camphor	1/8ml	Er Cha - 2gm	Bee Propolis - 4:1 - 5gm				
Chamomile German	1/8ml	Jin Yin Hua - 2gm					
Chamomile Maroc	1/8ml	Salix Alba (White Willow) - 10gm					
Chamomile Roman	1/8ml	1:1					
Cinnamon Leaf	1/8ml	Su Mu - 2gm					
Clove Buds	1/8ml	Wu Jia Pi - 2gm					
Eucalyptus Globulus	1/8ml						
Fennel	1/8ml	Spices:					
Frankincense	1/8ml	Asafoetida - 10gm	Minerals:				
Ginger	1/8ml	Chilli Powder - 10gm	Calcium Amino Acid Chelate 20% -				
Hyssop	1/8ml	Cinnamon - 10gm	10gm				
Juniper	1/8ml	Coconut Cream Block - 10gm	Copper Amino Acid Chelate 20% -				
Lemon Grass	1/8ml	Coriander - 10gm	15gm				
Mountain Savoury	1/8ml	Cream of Tartar - 10gm	Garlic - 5gm				
Niaouli	1/8ml	Fennel - 10gm	Inositol 25gm				
Rose Geranium	1/8ml	Fenugreek - 10gm	Iron Gluconate 12.5% - 10gm				
Rosemary	1/8ml	Horseradish Ribbled - 10gm	Mineral Clay Powders - 15gm				
Tageses	1/8ml	Maca Ground - 10gm	Zinc Amino Acid Chelate 20% -				
Thyme Red	1/8ml		5gm				
Ylang Ylang							

**PRODUCT FORMULA BY AILMENT & ILLNESS**

<b>Product Formula R</b>	<b>- 2 capsules 3 times daily over 20 days</b>		<b>* + Formula Z - CRR - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)</b>	
<b>Arthritis - Osteo</b>	<b>Gout</b>	<b>*Osteoporosis</b>		<b>Sciatica</b>
<b>Arthritis - Rheumatoid</b>	<b>Inflammation, Back Ache, Sprains</b>	<b>Scarcodosis</b>	<b>Varicose Veins</b>	
<b>Essential Oils</b>	<b>Herbs/Spices</b>			<b>Flavouring</b>
Bergamot	Herbs: 5:1 1/6ml Bai Guo Ye (Ginkgo) - 2gm	Honey Products	Aloe Vera/Amino Acids/ Vitamins	Honey - 20ml
Camphor	1/6ml Bi Ji Tian - 2gm	Royal Jelly - 3.1 - 7gm	Aloe Vera:	Indian Brandee - 20ml
Chamomile German	1/6ml Boswellia Serrata - 1gm	Bee Propolis - 4.1 - 5gm	Over 70 nutrients - 3/4 litre	Vanilla - 50gm
Chamomile Maroc	1/6ml Chen Xiang - 2gm			
Chamomile Roman	1/6ml Da Huang - 2gm			
Cinnamon Leaf	1/6ml Dang Shen - 2gm			
Clove Buds	1/6ml Er Cha - 2gm			
Eucalyptus Globulus	1/6ml Fu Ling - 2gm			
Fatigue	1/6ml Grapeseed - 15mcg			
Fennel	1/6ml Jin Yin Hua - 2gm			
Frankincense	1/6ml Mai Men Dong - 2gm			
Ginger	1/6ml Mao Zhao Cao (Cats Claw) - 2gm			
Hyssop	1/6ml Pycnogenol - 10mcg			
Juniper	1/6ml Salix Alba (White Willow) - 10gm			
Lemon Grass	1:1			
Mountain Savoury	1/6ml Su Mu - 2gm			
Niaouli	1/6ml Wu Jia Pi - 2gm			
Red Myrtle	1/6ml Xian He Cao - 2gm			
Rose Geranium	1/6ml Yan Hu Suo - 2gm			
Rosemary	1/6ml Zhi Mu - 2gm			
Tagetes	1/6ml			
Thyme Red	1/6ml Asafoetida - 10gm			
Ylang Ylang	1/6ml Cardamom - 10gm			
	1/6ml Chilli Powder - 10gm			
	1/6ml Coconut Cream Block - 10gm			
	1/6ml Coriander - 10gm			
	1/6ml Dutch Caraway - 10gm			
	1/6ml Fenugreek - 10gm			
	1/6ml Horseradish Ribbed - 10gm			
	1/6ml Juniper Berries - 10gm			
	1/6ml Laos Powder - 10gm			
	1/6ml Mace Ground - 10gm			
	1/6ml Turmeric - 10gm			

**SUBSTITUTE SHEET (RULE 26)**

**PRODUCT FORMULA BY AILMENT & ILLNESS****Product Formula S1****- 2 capsules 3 times daily over 20 days****\*\* + Formula Z - CRN - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)****Internal Body Conditioner Stamina****\*\*Energy Booster  
Immune Balancing System**

<b>SPORTS PERFORMANCE &amp; INJURIES</b>					
<b>Essential Oils</b>	<b>Herbs and Spices</b>	<b>Base Ingredients</b>	<b>Flavouring</b>	<b>Practitioners</b>	
Aniseed	1/8ml	<u>Honey Products</u> Bai Guo Ye (Ginkgo) - 2gm	<u>Aloe Vera/Vitamins</u> Royal Jelly - 3:1 - 7gm	Honey - 20ml	
Basil	1/8ml	Chi Shao Yao - 2gm	<u>Aloe Vera</u>	Indian Brandee - 20ml	
Bergamot	1/8ml	Da Huang - 2gm	Over 70 nutrients - 2/4 litre	Vanilla - 50gm	
Chamomile German	1/8ml	Dang Gui(Dong Quai) - 2gm		Acupuncture - 2 sessions	
Chamomile Maroc	1/8ml	Er Cha - 2gm		Chiropactic - 2 sessions	
Chamomile Roman	1/8ml	Fu Pen Zi - 2gm		Alexander Technique	
Cinnamon Leaf	1/8ml	Gou Teng - 2gm			
Clove Buds	1/8ml	Mao Zhao Cao (Cats Claw) - 2gm			
Eucalyptus Globulus	1/8ml	Mu Li - 2gm			
Fatigue	1/8ml	Su Mu - 2gm	<u>Minerals</u> : Calcium Amino Acid Chelate		
Fennel	1/8ml	Wu Jia Pi - 2gm	20% - 10gm	<u>Vitamins</u> : Vitamin C	
Frankincense	1/8ml		20% - 15gm	VIT C - 15gm	
Hyssop	1/8ml		Garlic - 5gm	VIT E D - Alpha Tocopherol - 10gm	
Juniper	1/8ml	Asafoetida - 10gm	Inositol - 25gm		
Lemon Grass	1/8ml	Cassia - 10gm	Iron Gluconate 12.5% - 10gm		
Mountain Savoury	1/8ml	Chilli Powder - 10gm	Mineral Clay Powders - 15gm		
Niaouli	1/8ml	Coconut Cream Block - 10gm	Zinc Amino Acid Chelate		
Rose Geranium	1/8ml	Coriander - 10gm			
Rosemary	1/8ml	Dill Seeds - 10gm			
Tagetes	1/8ml	Fenugreek - 10gm			
Thyme Red	1/8ml	Horseradish Ribbled - 10gm			
Ylang Ylang		Juniper Berries - 10gm			
		Lemon Grass - 10gm			
		Mace Ground - 10gm			
		Mixed Spices - 10gm			

PRODUCT FORMULA BY AILMENT & ILLNESS

Product Formula S2		EXTERNAL PHYSIO APPLICATION - SPORTS PERFORMANCE & INJURIES			
Pre Performance Lotion		(per 10 applications)			
Aloe Vera	Essential Oils	Herbs/Spices	Honey Products	Massage Oil	
Heat Lotion - 20gm	Aniseed Basil Chamomile Maroc Fennel	1/8ml 1/8ml 1/8ml 1/8ml	Herbs: 5:1 Chi Shao Yao - 2gm Qiang Huo - 2gm	Bee Propolis - 4:1 - 5gm	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml
			Spices: Cardamom - 10gm Ginger - 10gm		

Product Formula S3		EXTERNAL PHYSIO AND REFLEXOLOGY APPLICATION - SPORTS PERFORMANCE & INJURIES			
Maintenance Recovery Massage		(per 10 applications)			
Aloe Vera	Essential Oils	Herbs/Spices	Honey Products	Massage Oil	
Aloe Activator - 10ml Heat Lotion - 20gm	Aniseed Basil Camphor Chamomile Maroc Eucalyptus Globulus Juniper	1/8ml 1/8ml 1/8ml 1/8ml 1/8ml 1/8ml	Herbs: 5:1 Chi Shao Yao - 2gm Dang Gui (Dong Quai) - 2gm Salix Alba (White Willow) - 10gm 1:1 Qiang Huo - 2gm	Bee Propolis - 4:1 - 5gm	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml
			Spices: Asafoetida - 10gm Fenugreek - 10gm		

Aloe Vera	Essential Oils	Herbs/Spices	Honey Products	Massage Oil	Practitioners
Aloe Activator - 10ml Heat Lotion - 20gm	Aniseed Basil Camphor Chamomile Maroc Eucalyptus Globulus Juniper	1/8ml 1/8ml 1/8ml 1/8ml 1/8ml 1/8ml	Herbs: 5:1 Chi Shao Yao - 2gm Dang Gui (Dong Quai) - 2gm Salix Alba (White Willow) - 10gm 1:1 Qiang Huo - 2gm	Bee Propolis - 4:1 - 5gm	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml

PRODUCT FORMULA BY AILMENT & ILLNESSProduct Formula S4 EXTERNAL PHYSIO AND REFLEXOLOGY APPLICATION - SPORTS PERFORMANCE & INJURIES

Direct Internal &amp; Surface Injury (per 10 applications)

Aloe Vera	Essential Oils	Herbs/Spices	Honey Products	Massage Oil	Practitioners
Aloe Activator - 10ml	Aniseed Basil Camphor	1/8ml 1/8ml 1/8ml	Herbs: 5:1 Ba Ji Tian - 2gm Dang Gui (Dong Quai) - 2gm Qiang Huo - 2gm Salix Alba (White Willow) - 10gm 1:1 Su Zi (Zi Su Zi) - 2gm	Bee Propolis - 4:1 - 5gm Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	
Heat Lotion - 20gm	Eucalyptus Globulus Fennel	1/8ml 1/8ml			Aromatherapy/ Reflexology Application - 2 sessions Osteopathy - 2 sessions
			Spices: Ginger - 10gm Horseradish - 10gm		

Product Formula S5 EXTERNAL PHYSIO AND REFLEXOLOGY APPLICATION - SPORTS PERFORMANCE & INJURIES

Cramp Fatigue Lotion (per 10 applications)

Aloe Vera	Essential Oils	Herbs/Spices	Honey Products	Massage Oil	Practitioners
Aloe Activator - 10ml	Camphor Rescue Remedy	1/8ml 1/8ml	Herbs: 5:1 Hu Po - 2gm Huang Lian - 2gm Salix Alba (White Willow) - 10gm 1:1 Qiang Huo - 2gm	Bee Propolis - 4:1 - 5gm Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	
Heat Lotion - 20gm			Spices: Chilli - 10gm Lemon Grass - 10gm		Aromatherapy/ Reflexology Application - 2 sessions

**PRODUCT FORMULA BY AILMENT & ILLNESS****Product Formula S6                    EXTERNAL PHYSIO AND REFLEXOLOGY APPLICATION - SPORTS PERFORMANCE & INJURIES****Fatigue Fractures**  
(per 10 applications)

Aloe Vera	Essential Oils	Herbs/Spices	Honey Products	Vitamins/Amino Acids	Massage Oil	Practitioners
Aloe Activator - 10ml Heat Lotion - 20gm	Aniseed Basil Camphor Eucalyptus Globulus Ginger	1/8ml 1/8ml 1/8ml 1/8ml 1/8ml Herbs: 5:1 Dang Gui (Dong Quai) - 2gm Qiang Huo - 2gm Salix Alba (White Willow) - 10gm 1:1 Spices: Allspice - 10gm Dill Seeds - 10gm	Bee Propolis - 4:1 - 5gm	B6 - 20gm	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	Aromatherapy/ Reflexology Application - 2 sessions

PRODUCT FORMULA BY AILMENT & ILLNESS

**Product Formula I** After crisis - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)

\*\* Followed by Formula F - Clarissa Balancing System

- 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)

\*\* Abuse (short term)

\*\* Trauma/Shock (short term)

**SINGLE SMALL DOSE**

Flower Remedies	Essential Oils	Herbs/Indian Species	Base Ingredients
Rescue Remedy - 1ml	1/8ml Dill	Herbs: 5:1 Bu Gu Zhi - 2gm Chen Xiang - 2gm Guo Teng - 2gm Wu Bei Zi - 2gm	Aloe Vera Pure - 20ml Honey - 20ml

**Spices:**

Garlic - 10gm  
Laos - 10gm

## PRODUCT FORMULA BY AILMENT &amp; ILLNESS

Product Formula U - 2 capsules 3 times daily over 20 days

## Schizophrenia

Essential Oils	Herbs/Spices	Base Ingredients	Flavouring
Basil	1/8ml	<u>Herbs: 5:1</u>	<u>Honey Products</u>
Bergamot	1/8ml	Da Huang - 2gm	Royal Jelly - 3:1 - 7gm
Chamomile German	1/8ml	Er Cha - 2gm	Bee Propolis - 4:1 - 5gm
Chamomile Maroc	1/8ml	Hu Huang Lian - 2gm	Over 70 nutrients - 2/4 litre
Chamomile Roman	1/8ml	Huo Ma Ren - 2gm	
Cinnamon Leaf	1/8ml	Su Mu - 2gm	
Clove Buds	1/8ml	Wu Jia Pi - 2gm	<u>Amino Acids:</u>
Eucalyptus Globulus	1/8ml	Ye Ju Hua - 2gm	L-Threonine - 15gm
Fennel	1/8ml		Superoxide Dismutase (S.O.D) - 15gm
Frankincense	1/8ml	<u>Spices</u>	
Ginger	1/8ml	Allspice - 10gm	<u>Minerals:</u>
Hyssop	1/8ml	Asafoetida - 10gm	Calcium Amino Acid Chelate 20% -
Juniper	1/8ml	Caraway Ground - 10gm	10gm VIT C - 15gm
Lavender	1/8ml	Chilli Powder - 10gm	Copper Amino Acid Chelate 20% -
Lemon Grass	1/8ml	Coconut Cream Block - 10gm	15gm Inositol 25gm
Mountain Savoury	1/8ml	Coriander - 10gm	Iron Gluconate 12.5% - 10gm
Niaouli	1/8ml	Dill Seeds - 10gm	Mineral Clay Powders - 15gm
Rose Geranium	1/8ml	Fenugreek - 10gm	Zinc Amino Acid Chelate 20% -
Rosemary	1/8ml	Horseradish Ribbed - 10gm	5gm
Tageses	1/8ml	Macca Ground - 10gm	
Thyme Red	1/8ml	Mustard Seed Yellow - 10gm	
Ylang Ylang	1/8ml	Orris Root - 10gm	

PRODUCT FORMULA BY AILMENT & ILLNESSProduct Formula V**- 2 capsules 3 times daily over 20 days**

\*\* Followed by Formula F - Clarissa Balancing System  
 - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart, maximum 7 days apart)

\*\*Abuse (long term)  
 \*\*Bereavement/LOSS

\*\*Trauma/shock (long term)

Essential Oils	Herbs/Spices	Honey Products	Base Ingredients	Flavouring
Bergamot	1/8ml	<u>Herbs: 5:1</u> Chi Shao Yao - 2gm	<u>Honey Products</u> Royal Jelly - 3:1 - 7gm	Honey - 20ml
Chamomile German	1/8ml	Da Huang - 2gm	Bee Propolis - 4:1 - 5gm	Indian Brandee - 20ml
Chamomile Maroc	1/8ml	Er Cha - 2gm		Vanilla - 50gm
Chamomile Roman	1/8ml	Qiang Huo - 2gm		
Cinnamon Leaf	1/8ml	Su Mu - 2gm		
Clove Buds	1/8ml	Ting Li Zi - 2gm		
Eucalyptus Globulus	1/8ml	Wu Jia Pi - 2gm		
Fennel	1/8ml	Spices: Allspice - 10gm	<u>Enzymes/Minerals</u> Vegetable Enzymes - 15gm	
Frankincense	1/8ml	Asafoetida - 10gm	<u>Amino Acids:</u> L-Threonine - 15gm	
Hyssop	1/8ml	Celery Salt - 10gm	<u>Enzymes:</u> Superoxide Dismutase (S.O.D.) - 15gm	
Juniper	1/8ml	Chilli Powder - 10gm		
Lemon Grass	1/8ml	Coconut Cream Block - 10gm		
Mountain Savoury	1/8ml	Coconut Ground - 10gm		
Niaouli	1/8ml	Coriander - 10gm		
Palchouli	1/8ml	Garlic - 5gm		
Rose Geranium	1/8ml	Inositol 25gm		
Rosemary	1/8ml	Iron Gluconate 12.5% - 10gm		
Thyme Red	1/8ml	Mineral Clay Powders - 15gm		
Ylang Ylang	1/8ml	Zinc Amino Acid Chelate 20% - 5gm		

SUBSTITUTE SHEET (RULE 26)

PRODUCT FORMULA BY AILMENT & ILLNESS

Product Formula W1		WEIGHT MANAGEMENT	
Clarissa Weight Care System		<b>- 2 capsules daily at bedtime over 20 days</b>	
Essential Oils	Herbs/Spices	Base Ingredients	Flavouring
Bergamot  16ml	Herbs: 5:1  Guo Teng - 2gm Ji Xue Teng - 2gm	Honey Products  Royal Jelly - 3:1 - 7gm Bee Propolis - 4:1 - 5gm	Honey - 20ml  Indian Brandee - 20ml Vanilla - 50gm
	Spices:  Carob - 10gm Dill Seeds - 10gm Juniper Berries - 10gm Mixed Spices Sweet - 10gm	Enzymes/Minerals  Enzymes:  Vegetable Enzymes - 15gm	Amino Acids:  L- Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm
		Minerals:  Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Garlic - 5gm Inositol 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm	Vitamins:  VIT C - 15gm VIT E D - Alpha Tocopherol - 10gm

## PRODUCT FORMULA BY AILMENT &amp; ILLNESS

## Product Formula W2

## WEIGHT MANAGEMENT

Clarissa Meal Replacement Diet Juice - 50ml per Meal Replacement over 20 days

Essential Oils		Herbs/Spices	Base Ingredients	Flavouring
Bergamot	1/6ml	<p><u>Herbs: 5:1</u> Gao Ben - 2gm Sang Ye - 2gm</p> <p><u>Spices:</u> Dill Seeds - 10gm Fennel - 10gm Mixed Spices Sweet - 10gm Mushroom - 10gm</p>	<p><u>Honey Products</u> Royal Jelly - 3:1 - 7gm Bee Propolis - 4:1 - 5gm</p> <p><u>Enzymes/Minerals</u> <u>Enzymes:</u> Vegetable Enzymes - 15gm Soya Isolate - 20gm Soya Protein Isolate - 50gm Whey Protein - 20gm</p> <p><u>Minerals:</u> Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Garlic - 5gm Inositol 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm</p>	<p><u>Aloe Vera/Amino Acids/ Vitamins</u> <u>Aloe Vera:</u> Over 70 nutrients - <math>\frac{3}{4}</math> litre</p> <p><u>Amino Acids:</u> L-Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm</p> <p><u>Vitamins:</u> VIT C - 15gm VIT E D - Alpha Tocopherol - 10gm</p>

## PRODUCT FORMULA BY AILMENT & ILLNESS

Product Formula W3

## WEIGHT MANAGEMENT

Clarissa Chinese Slimming and Detoxifying Tea - 1 cup 3 times daily

## Stale Breath

Essential Oils	Herbs/Spices	Flavouring	Other
Bergamot 16ml	Herbs: 5:1 Bai Guo Ye (Ginkgo) - 2gm Ban Xia 2gm Chan Tiu - 2gm Chi Shao Yao - 2gm Garcinia Cambogia - 10gm Gou Teng - 2gm Horsetail - 5gm (1:1) Lian Zi (Red) - 2gm Maté Leaf - 5gm (1:1) Mao Zhao Cao (Cats Claw) 5gm (1:1) Milk Thistle Seed - 5gm (1:1) Ou Jie - 2gm Spirulina - 5gm (1:1) Wang Bu Liu Xing Guo - 2gm Wu Jia Pi - 2gm	Lemon - 20gm	Citrin - 5gm

**SUBSTITUTE SHEET (RULE 26)**

## PRODUCT FORMULA BY AILMENT & ILLNESS

Product Formula W4

## Anti-Cellulite Formula

WEIGHT MANAGEMENT

- 2 capsules 3 times daily over 20 days

## Product Formula X1

## Bodycare Lotion

SKIN CARE					
Product Formula X1			Bodycare Lotion		
Aloe Vera	Essential Oils	Herbs/Spices	Honey Products	Vitamins/Amino Acids	Base Formulation
Bee Propolis Creme 1ml	Benzoin Bergamot Chamomile Maroc Cypress Dill Nectar Nutritional Drink 10ml daily	Herbs: 5:1 Chuan Lian Zi - 2gm Da Zao - 2gm Spices: Allspice - 10gm Cayenne Pepper - 10gm Ylang Ylang Sandalwood	Bee Propolis - 4:1 - 5gm	VIT E - 30gm Eusyl K100 - 10mg Inositol - 10mg L-Phenylalanine - 10mg	Avocado Oil 15% Cellulose 15% Colloidal Sulphur 5% Emulsifying Ointment 30% P Chloro M Cresol 15% Purified Water 69% Phenoxyethanol 1% Sodium Laureth 5% Wheatgerm Oil 15% Witch Hazel Extract 15%

**PRODUCT FORMULA BY AILMENT & ILLNESS****Product Formula X2****Facecare Lotion**

		<b>SKIN CARE</b>					
		<b>Herbs/Spices</b>		<b>Honey Products</b>		<b>Vitamins/Amino Acids</b>	<b>Base Formulation</b>
<b>Aloe Vera</b>	<b>Essential Oils</b>	<b>Herbs: 5:1</b>		<b>Bee Propolis - 4:1 - 5gm</b>		<b>VIT E - 30gm</b>	
Bee Propolis Creme 1ml	Bergamot	1/8ml	Chuan Lian Zi - 2gm	Euryl K100 - 10gm		Emulsifying Ointment 30%	
	Fennel	1/8ml	Suan Zao Ren - 2gm	Inositol - 10gm		Grapeseed Oil 15%	
	Frankincense	1/8ml		L-Phenylaline - 10gm		Purified Water 69%	
	Hyssop	1/8ml				Phenoxyethanol 1%	
	Juniper	1/8ml	<b>Spices:</b>			Vegetable Oil 15%	
	Lavender	1/8ml	Aniseed - 10gm			Wheatgerm Oil 15%	
Nectar Nutritional Drink 10ml daily	Lemon	1/8ml	Cumin - 10gm				
	Niaouli	1/8ml					
	Patchouli	1/8ml					
	Pine	1/8ml					
	Rosemary	1/8ml					

**Product Formula X3****Haircare Lotion & Restoration**

		<b>SKIN CARE</b>					
		<b>Herbs/Spices</b>		<b>Honey Products</b>		<b>Vitamins/Amino Acids</b>	<b>Base Formulation</b>
<b>Aloe Vera</b>	<b>Essential Oils</b>	<b>Herbs: 5:1</b>		<b>Bee Propolis - 4:1 - 5gm</b>		<b>VIT E - 30gm</b>	
Bee Propolis Creme 1ml	Benzoin	1/8ml	Bo He - 2gm	Inositol - 10gm		Emulsifying Ointment 30%	
	Bergamot	1/8ml	Da Zao - 2gm	L-Phenylaline - 10gm		Jojoba Oil 30%	
	Chamomile Maroc	1/8ml				Purified Water 69%	
	Eucalyptus Globulus	1/8ml				Phenoxyethanol 1%	
	Jojoba	1/8ml	<b>Spices:</b>				
	Lavender	1/8ml	Arrowroot - 10gm				
Nectar Nutritional Drink 10ml daily	Rose Geranium	1/8ml	Cassia - 10gm				
	Rosemary	1/8ml					

**PRODUCT FORMULA BY AILMENT & ILLNESS****Product Formula X4**

Nutriocare Protection Lotion		SKIN CARE			
Aloe Vera	Essential Oils	Herbs/Spices	Honey Products	Vitamins/Amino Acids	Base Formulation
Bee Propolis Creme 1ml	Bergamot 1/8ml Cedarwood 1/8ml Chamomile Maroc 1/8ml Cypress 1/8ml	Herbs: 5:1 Chuan Lian Zi - 2gm Hua Jiao - 2gm	Bee Propolis - 4:1 - 5gm	VIT E - 30gm Euxyl K100 - 10gm Inositol - 10gm L-Phenylaline - 10gm	Avocado Oil 15% Carrot Oil 15% Cellulose 15% Colloidal Sulphur 5% Emulsifying Ointment 30% Grapeseed Oil 15% P.Chloro M.Cresol 15% Purified Water 69% Phenoxyethanol 1% Sodium Laureth 5% Triethanolamine 10% Wheatgerm Oil 15%
Nectar Nutritional Drink 10ml daily	Fennel 1/8ml Frankincense 1/8ml Juniper 1/8ml Lavender 1/8ml Lemon 1/8ml Mountain Savoury 1/8ml Neroli 1/8ml Rose Geranium 1/8ml Sandlewood 1/8ml	Spices: Celery Salt - 10gm			

**SUBSTITUTE SHEET (RULE 26)**

PRODUCT FORMULA BY AILMENT & ILLNESSProduct Formula X5

Suncare Lotion - Pre sunbathing      X5 (i)  
After sun      X5 (ii)

SKIN CARE					
Product Formula X5		Herbs/Spices		Honey Products	
				Vitamins/Amino Acids	
Aloe Vera	Essential Oils				Base Formulation
X5 (i) Bee Propolis Creme 1ml	Bergamot Chamomile Marcoc	1/6ml 1/6ml	Herbs: 5:1 Cang Er Zi - 2gm Qiang Huo - 2gm Spices: Chilli - 10gm Garlic - 10gm	Bee Propolis - 4:1 - 5gm VIT E - 30gm Euxyl K100 - 10gm L-Phenylaline - 10gm	Emulsifying Ointment 30% Purified Water 69% Phenoxyethanol 1%
X5 (ii) Bee Propolis Creme 1ml	Bergamot Dill Fennel	1/6ml 1/6ml 1/6ml	Herbs: 5:1 Cang Er Zi - 2gm Hua Jiao - 2gm Qiang Huo - 2gm Spices: Cinnamon - 10gm Fenigreek - 10gm	Bee Propolis - 4:1 - 5gm VIT E - 30gm Euxyl K100 - 10gm L-Phenylaline - 10gm	Emulsifying Ointment 30% Purified Water 69% Phenoxyethanol 1%

SUBSTITUTE SHEET (RULE 26)

PRODUCT FORMULA BY AILMENT & ILLNESSProduct Formula Y1Immune SystemPET, VETERINARY & EQUINE CARENutritional Supplement - Daily dose of 5ml in food

Essential Oils	Herbs/Spices	Honey/Products	Base Ingredients	Flavouring
Basil	1/8ml	Herbs: 5:1 Bai Guo Ye (Ginkgo) - 1gm		
Bergamot	1/8ml	Ban Xia - 1gm	Royal Jelly - 3.1 - 7gm	Honey - 20ml
Camphor	1/8ml	Boswellia Serrata - 5gm	Bee Propolis - 4:1 - 5gm	Indian Brandy - 20ml
Chamomile German	1/8ml	Da Huang - 1gm		Vanilla - 50gm
Chamomile Maroc	1/8ml	Er Cha - 1gm		
Chamomile Roman	1/8ml	Gou Qi Zi (Lycium) - 1gm		
Cinnamon Leaf	1/8ml	Grapeseed - 15mcg		
Clove Buds	1/8ml	Mao Zhao Cao (Cats Claw) - 1gm		
Dill	1/8ml	Pycnogenol - 10mcg		
Eucalyptus Globulus	1/8ml	Salix Alba (White Willow) - 5gm		
Fennel	1/8ml	1:1		
Frankincense	1/8ml	Shiu Niu Jiao Si - 1gm		
Hyssop	1/8ml	Su Mu - 1gm	Chromium Niacin - 10mcg	
Juniper	1/8ml	Wu Jia Pi - 1gm	Devil's Claw - 7.5gm	
Lemon Grass	1/8ml		Garlic - 5gm	
Mountain Savoury	1/8ml		Insitol 12.5gm	
Niaouli	1/8ml	Allspice - 10gm	Iron Gluconate 12.5% - 5gm	
Peppermint	1/8ml	Asafoetida - 10gm	Magnesium Amino Acid Chelate - 10gm	
Rose Geranium	1/8ml	Chilli Powder - 10gm		
Rosemary	1/8ml	Cinnamon Sugar - 10gm	Manganese Gluconate - 10gm	
Tagests	1/8ml	Coconut Cream Block - 10gm	Mineral Clay Powders - 7.5gm	
Thyme Red	1/8ml	Coriander - 10gm	Molybdenum - 7.5gm	
Ylang Ylang	1/8ml	Fenugreek - 10gm	Selenium Methionine 5% - 5gm	
		Horseradish Ribbed - 10gm	Superoxide Dismutase (S.O.D.) - 7.5gm	
		Juniper Berries - 10gm	VIT E D - Alpha Tocopherol - 10gm	
		Laos - 10gm	Zinc Amino Acid Chelate 20% - 2.5gm	
		Mace Ground - 10gm		
				<u>Nutritional Oils &amp; Fats</u>
				Cod Liver Powder - 7.5gm
				Evening Primrose - 15ml
				Linoleic Acid - 7.5gm
				Linolenic Acid - 7.5gm
				Olive Oil - 15ml

## PRODUCT FORMULA BY AILMENT & ILLNESS

Product Formula Y2

PET, VETERINARY & EQUINE CARE

- 6 capsules daily in food over 20 days

Essential Oils	Herbs/Spices	Flavouring		
		Honey Products	Base Ingredients	
Aniseed	Herbs: 5:1	Honey Products	Aloe Vera/Amino Acids/Vitamins	Honey - 20ml
Bergamot	Bai Guo Ye (Ginkgo) - 2gm	Royal Jelly - 3:1 - 7gm	Aloe Vera:	Indian Brandee - 20ml
Camphor	Da Huang - 2gm	Bee Propolis - 4:1 - 5gm	Aloe Vera:	Vanilla - 50gm
Chamomile German	Er Cha - 2gm		Over 70 nutrients - 3/4 litre	
Chamomile Maroc	Salix Alba (White Willow) - 10gm			
Chamomile Roman	1:1			
Cinnamon Leaf	Shiu Niu Jiao Si - 2gm			
Clove Buds	Su Mu - 2gm			
Eucalyptus Globulus	Wu Jia Pi - 2gm			
Fennel	1/8ml			
Frankincense	Spices:			
Ginger	Asafoetida - 10gm			
Hyssop	1/8ml			
Juniper	1/8ml			
Lemon Grass	1/8ml			
Mountain Savoury	1/8ml			
Niaouli	1/8ml			
Peppermint	1/8ml			
Rose Geranium	1/8ml			
Rosemary	1/8ml			
Tagestes	1/8ml			
Thyme Red	1/8ml			
Ylang Ylang				

**SUBSTITUTE SHEET (RULE 26)**

## **PRODUCT FORMULA BY AILMENT & ILLNESS**

Product Formula Y3

## Depression

PET, VETERINARY & EQUINE CARE

- 6 capsules daily days in food over 20 days

Product Formula Y3		PET, VETERINARY & EQUINE CARE	
Depression		- 6 capsules daily days in food over 20 days	
Essential Oils	Herbs/Spices	Base Ingredients	Flavouring
Basil Bergamot Camphor Chamomile German Chamomile Maroc Chamomile Roman Cinnamon Leaf Clove Bluds Dill Eucalyptus Globulus Fennel Frankincense Hyssop Juniper Lavender Lemon Grass Mountain Savoury Niaouli Peppermint Rose Geranium Rosemary Tagesles Thyme Red Ylang Ylang	<p>Herbs: 5:1</p> <p>Bai Guo Ye (Ginkgo) - 2gm Da Huang - 2gm Er Cha - 2gm Su Mu - 2gm Wu Jia Pi - 2gm</p> <p>Spices:</p> <p>Asaloeditia - 10gm Chilli Powder - 10gm Coconut Cream Block - 10gm Coriander - 10gm Cumin - 10gm Fenugreek - 10gm Horseradish Ribbled - 10gm Juniper Berries - 10gm Mace Ground - 10gm Nutmeg - 10gm</p>	<p><u>Honey Products</u></p> <p>Royal Jelly - 3:1 - 7 gm Bee Propolis - 4:1 - 5 gm</p> <p><u>Enzymes/Minerals</u></p> <p>Enzymes:</p> <p>Vegetable Enzymes - 15gm</p> <p><u>Minerals:</u></p> <p>Calcium Amino Acid Chelate 20% - 10gm Copper Amino Acid Chelate 20% - 15gm Garlic - 5gm Inositol 25gm Iron Gluconate 12.5% - 10gm Mineral Clay Powders - 15gm Zinc Amino Acid Chelate 20% - 5gm</p>	<p>Honey - 20ml</p> <p>Indian Brandee - 20ml</p> <p>Vanilla - 50gm</p> <p><u>Aloe Vera:</u></p> <p>Over 70 nutrients - 1/4 litre</p> <p><u>Amino Acids:</u></p> <p>L-Threonine - 15gm Superoxide Dismutase (S.O.D.) - 15gm</p>

**PRODUCT FORMULA BY AILMENT & ILLNESS****Product Formula Y4****PET, VETERINARY & EQUINE CARE****Viral Antidote****- 6 capsules daily in food over 20 days**

Essential Oils	Herbs/Spices	Honey Products	Aloe Vera/Amino Acids/Vitamins	Flavouring
Basil	1/8ml	<b>Herbs: 5:1</b> Bal Guo Ye (Ginkgo) - 2gm	Honey - 20ml	
Bergamot	1/8ml	Da Huang - 2gm	Indian Brandee - 20ml	
Camphor	1/8ml	Er Cha - 2gm	Vanilla - 50gm	
Chamomile German	1/8ml	Mao Zhao Cao (Cats Claw) - 2gm		
Chamomile Maroc	1/8ml	Salix Alba (White Willow) - 10gm		
Chamomile Roman	1/8ml	1:1		
Cinnamon Leaf	1/8ml	Shiu Niu Jiao Si - 2gm		
Clove Buds	1/8ml	Su Mu - 2gm		
Eucalyptus Globulus	1/8ml	Wu Jia Pi - 2gm		
Fennel	1/8ml	Zhi Zi - 2gm		
Frankincense	1/8ml			
Ginger	1/8ml	<b>Spices:</b>	<b>Vitamins:</b>	
Hyssop	1/8ml	Alispice - 10gm	VIT C - 15gm	
Juniper	1/8ml	Asafoetida - 10gm	VIT E D - Alpha Tocopherol - 10gm	
Lemon Grass	1/8ml	Celery Salt - 10gm		
Mountain Savoury	1/8ml	Chilli Powder - 10gm		
Niaouli	1/8ml	Coconut Cream Block - 10gm		
Peppermint	1/8ml	Coriander - 10gm		
Rose Geranium	1/8ml	Cream of Tartar - 10gm		
Rosemary	1/8ml	Fenugreek - 10gm		
Tagestes	1/8ml	Horseradish Ribbled - 10gm		
Thyme Red	1/8ml	Mace Ground - 10gm		
Ylang Ylang		Mixed Spices Sweet - 10gm		

**SUBSTITUTE SHEET (RULE 26)**

PRODUCT FORMULA BY AILMENT & ILLNESS**Product Formula Z - CRA** - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)**Clarissa Recovery Remedy****Meningitis  
Strokes & Heart Attacks**

Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils
Basil Carrot Ginger	1/8ml 1/8ml 1/8ml  Herbs: 5:1 Chan Tiu - 2gm Chen Xiang - 2gm Fu Pen Zi - 2gm Qiang Huo - 2gm Shu Di Huang - 2gm	Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml
	Spices: Anise Star - 10gm Cumin - 10gm		

**Product Formula Z - CRB** - 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)**Clarissa Recovery Remedy****Irritable Bowel**

Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils
Aniseed Basil Bergamot Carrot	1/8ml 1/8ml 1/8ml 1/8ml  Herbs: 5:1 Bai He - 2gm Chen Xiang - 2gm Chi Shao Yao - 2gm Huo Ma Ren - 2gm Shu Di Huang - 2gm	Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml
	Spices: Anise Star - 10gm Cassia - 10gm		

## PRODUCT FORMULA BY AILMENT & ILLNESS

Product Formula Z - CRC2

## Influenza

## Clarissa Recovery Remedy

- 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)

Product Formyla Z - CRJ

Alzheimers Disease

## Clarissa Recovery Remedy

## Herpes Parkinson's Disease

- 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)

Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils
Basil Carrot Eucalyptus Globulus	1/6ml 1/6ml 1/6ml Herbs: 5:1 Bai Gou - 2gm Cang Er Zi - 2gm Chen Xiang - 2gm Dan Shen - 2gm Gao Ben - 2gm Shu Di Huang - 2gm	Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml

PRODUCT FORMULA BY AILMENT & ILLNESS

Product Formula Z - CRM		- 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)			
Anaemia Motor Neurone Disease	Essential Oils	Clarissa Recovery Remedy	Muscular Dystrophy	Thyroid Gland (over & under active)	
		M.E. M.S.	Herbs/Spices	Base Ingredients	Carrier Oils
Basil Bergamot Eucalyptus Globulus Juniper	1/8ml 1/8ml 1/8ml 1/8ml	Herbs: 5:1 Bai Jiang Cao - 2gm Chen Xiang - 2gm Chi Shao Yao - 2gm Shu Di Huang - 2gm Ting Li Zi - 2gm Ye Tu Hua - 2gm	Aloe Vera Pure - 20ml Honey - 20ml	Avocado - 10ml Grapeseed - 40ml Hazelnut - 10ml	

## PRODUCT FORMULA BY AILMENT & ILLNESS

Product Formula Z - CRN

## NUTRITIONAL BOOST

- 2 sessions Reflexology / minimum 2 hours apart maximum 7 days apart

Clarissa Recovery Remedy

**Anorexia**  
**Bulimia**  
**Acne**  
**Aids**

## PRODUCT FORMULA BY AILMENT & ILLNESS

Product Formula Z - CRR

## Clarissa Recovery Remedy

## Arthritis - Rheumatoid Osteoporosis

Osteoporosis	Essential Oils	Herbs/Spices	Base Ingredients	Carrier Oils
Basil	1/8ml	Herbs: 5:1	Aloe Vera Pure - 20ml	Avocado - 10ml
Bergamot	1/6ml	Bai Jiang Cao - 2gm	Honey - 20ml	Grapeseed - 40ml
Eucalyptus Globulus	1/6ml	Chen Xiang - 2gm		Hazelnut - 10ml
Juniper	1/8ml	Chuan Lian Zi - 2gm		
Niaouli	1/8ml	Huo Ma Ren - 2gm		
		Ou Jie - 2gm		
		Shu Di Huang - 2gm		
Spices:				
Anise Star -10gm				
Dill - 10gm				

- 2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)

## ClariSSa Recovery Remedy

## Maintenance Recovery Message

2 sessions with Aromatherapist/Reflexologist (minimum 2 hours apart maximum 7 days apart)

**SUBSTITUTE SHEET (RULE 26)**

**PRODUCT FORMULA BY AILMENT & ILLNESS****Product Formula Z - CRZ****Recovery & Toning Bath Oil (20 applications)**

Essential Oils	Herbs/Spices	Carrier Oils
Bergamot Lavender Rosemary	<p>Herbs: 5:1</p> <p>1/8ml Cang Er Zi - 1gm 1/8ml Chen Xiang - 1gm 1/8ml Da Huang - 1gm 1/8ml Shu Di Huang - 1gm 1/8ml Ting Li Zi - 1gm</p> <p>Spices: Anise Star -1gm</p>	<p>Grapeseed Oil - 40ml Avocado Oil - 40ml Water - 160ml</p>

**SUBSTITUTE SHEET (RULE 26)**

**CLAIMS**

1. A medicinal or cosmetic composition comprising at least one essential oil in combination with at least one spice and/or at least one herb.
2. A medicinal or cosmetic composition according to Claim 1, wherein the composition comprises one or more essential oils selected from: bergamot, chamomile german, chamomile maroc, chamomile roman, cinnamon zeylanicum, clove buds, eucalyptus globulus, frankincense, fennel, hyssop, juniper, lemon grass, mountain savoury, niaouli, red thyme, rosemary, rose geranium, tagestes and ylang ylang.
3. A medicinal or cosmetic composition according to Claims 1 or 2, wherein the composition comprises one or more Chinese herbs selected from: *Acacia Catechu*, *Acanthopanax Gracilistylus*, *Caesalpinia Sappan* and *Epimedium Spinosa*.
4. A medicinal or cosmetic composition according to any preceding claim wherein the composition comprises one or more spices selected from: *asapoetidia*, *coconut*, *coriander*, *fenugreek* and *horseradish*.

5. A medicinal or cosmetic composition according to any preceding claim comprising

(a) the following essential oils:

bergamot, chamomile german, chamomile maroc,  
chamomile roman, cinnamon zeylanicum, clove  
buds, eucalyptus globulus, frankincense,  
fennel, hyssop, juniper, lemon grass, mountain  
savoury, niaouli, red thyme, rosemary, rose  
geranium, tagestes and ylang ylang.

(b) the following Chinese herbs:

Acacia Catechu, Acanthopanax Gracilistylus,  
Caesalpinia Sappan and Epimedium Spinosa.

(c) the following spices:

asapoetidia, coconut, coriander, fenugreek and  
horseradish.

6. A medicinal or cosmetic composition according to any preceding claim additionally comprising an Aloe vera extract.

7. A medicinal or cosmetic composition according to any preceding claim in combination with a honey product.
8. A medicinal or cosmetic composition according to any preceding claim in combination with one or more vitamins, minerals, amino acids, enzymes, flavourings and/or Bach flower remedies.
9. A tablet or capsule for oral administration comprising a medicinal or cosmetic composition according to any preceding claims.
10. A composition for topical application comprising a medicinal or cosmetic composition according to any one of Claims 1-8.
11. The use of a medicinal composition according to any one of Claims 1-8 for the treatment of disease or physical disability or sports injuries, or for the build up and maintenance of the immune system, or for the protection against disease or pollution.
12. The use of a cosmetic formulation according to any one of Claims 1-8 for skin care and/or weight management.



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## INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(51) International Patent Classification <sup>6</sup> : <b>A61K 35/78, 7/06</b>		A3	(11) International Publication Number: <b>WO 98/40086</b> (43) International Publication Date: 17 September 1998 (17.09.98)
(21) International Application Number:	PCT/GB98/00708	(81) Designated States: AL, AM, AT, AU, AZ, BA, BB, BG, BR, BY, CA, CH, CN, CU, CZ, DE, DK, EE, ES, FI, GB, GE, GH, GM, GW, HU, ID, IL, IS, JP, KE, KG, KP, KR, KZ, LC, LK, LR, LS, LT, LU, LV, MD, MG, MK, MN, MW, MX, NO, NZ, PL, PT, RO, RU, SD, SE, SG, SI, SK, SL, TJ, TM, TR, TT, UA, UG, US, UZ, VN, YU, ZW, ARIPO patent (GH, GM, KE, LS, MW, SD, SZ, UG, ZW), Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European patent (AT, BE, CH, DE, DK, ES, FI, FR, GB, GR, IE, IT, LU, MC, NL, PT, SE), OAPI patent (BF, BJ, CF, CG, CI, CM, GA, GN, ML, MR, NE, SN, TD, TG).	
(22) International Filing Date:	10 March 1998 (10.03.98)		
(30) Priority Data: 9704904.3	10 March 1997 (10.03.97)	GB	
(71) Applicant (for all designated States except US): THE RILEY FLETCHER FOUNDATION [GB/GB]; Hollyhurst, Church Street, Hampton Lucy, Warwickshire CV35 8BD (GB).			
(72) Inventors; and		Published	
(75) Inventors/Applicants (for US only): FLETCHER, Jane, Clarissa [GB/GB]; Hollyhurst, Church Street, Hampton Lucy, Warwickshire CV35 8BD (GB). RILEY, Michael, James, Hargreaves [GB/GB]; Hollyhurst, Church Street, Hampton Lucy, Warwickshire CV35 8BD (GB).		With international search report. Before the expiration of the time limit for amending the claims and to be republished in the event of the receipt of amendments.	
(74) Agent: BANNERMAN, David, Gardner, Withers & Rogers, 4 Dyer's Buildings, Holborn, London EC1N 2JT (GB).		(88) Date of publication of the international search report: 19 November 1998 (19.11.98)	

(54) Title: ESSENTIAL OIL COMPOSITION

## (57) Abstract

The application relates to new medicinal and cosmetic compositions comprising essential oils in combination with herbs and/or spices. The compositions may be used orally or topically.

**FOR THE PURPOSES OF INFORMATION ONLY**

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# INTERNATIONAL SEARCH REPORT

International Application No

PCT/GB 98/00708

**A. CLASSIFICATION OF SUBJECT MATTER**  
IPC 6 A61K35/78 A61K7/06

According to International Patent Classification(IPC) or to both national classification and IPC

**B. FIELDS SEARCHED**

Minimum documentation searched (classification system followed by classification symbols)  
IPC 6 A61K

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practical, search terms used)

**C. DOCUMENTS CONSIDERED TO BE RELEVANT**

Category °	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	DATABASE WPI Section Ch, Week 9718 Derwent Publications Ltd., London, GB; Class B04, AN 97-200618 XP002070665 & RU 2 066 194 C (BOBROV-EGOROV N N) see abstract ----	1, 2, 4, 7-11
A		2, 5
X	DATABASE WPI Section Ch, Week 9409 Derwent Publications Ltd., London, GB; Class D16, AN 94-072571 XP002070666 & RU 2 001 095 C (BREKHMAN I I) see abstract ----	1, 3, 7, 9, 11
A		2-5 -/-

Further documents are listed in the continuation of box C.

Patent family members are listed in annex.

° Special categories of cited documents :

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- "Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art.
- "&" document member of the same patent family

Date of the actual completion of the international search

28 August 1998

Date of mailing of the international search report

18.09.98

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**INTERNATIONAL SEARCH REPORT**

International Application No

PCT/GB 98/00708

C.(Continuation) DOCUMENTS CONSIDERED TO BE RELEVANT		
Category	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	DATABASE WPI Section Ch, Week 9649 Derwent Publications Ltd., London, GB; Class D16, AN 96-496132 XP002070667 & RU 2 055 874 C (UFA LIQUER VODKA WKS) see abstract ----	1,2,4,7, 9,11
A		3,5
X	DATABASE WPI Section Ch, Week 9644 Derwent Publications Ltd., London, GB; Class B04, AN 96-441498 XP002070668 & RU 2 053 265 C (LOENKO YU N) see abstract ----	1,4,7,9, 11
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P,X	DATABASE WPI Section Ch, Week 9822 Derwent Publications Ltd., London, GB; Class D16, AN 98-249626 XP002070670 & RU 2 092 540 C (ALVIZ STOCK CO) see abstract ----	1,2,4, 7-11
X	DATABASE WPI Section Ch, Week 9409 Derwent Publications Ltd., London, GB; Class D13, AN 94-072951 XP002070671 & RU 2 001 944 C (PUSHKAREV G N) see abstract ----	1-4,7-11
X	DATABASE WPI Section Ch, Week 9822 Derwent Publications Ltd., London, GB; Class D16, AN 98-249629 XP002070672 & RU 2 092 543 C (BERESNEV N V) see abstract ----	1,2,4, 7-11
		-/-

**INTERNATIONAL SEARCH REPORT**

International Application No.  
PCT/GB 98/00708

**C.(Continuation) DOCUMENTS CONSIDERED TO BE RELEVANT**

Category	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
P, X	DATABASE WPI Section Ch, Week 9807 Derwent Publications Ltd., London, GB; Class D13, AN 98-075197 XP002070673 & RU 2 080 800 C (BEER ALCOHOL-FREE WINE PRODN ASSOC) see abstract ----	1,2,4, 7-11
X	DATABASE WPI Section Ch, Week 8937 Derwent Publications Ltd., London, GB; Class D13, AN 89-269669 XP002070674 & SU 1 468 490 A (GOSAGROPROM DES CONS) see abstract ----	1,2,4, 7-11
X	EP 0 248 701 A (CLARINS) 9 December 1987 see the whole document ----	1-4,6,10
X	EP 0 569 667 A (AHMAD KHALIL) 18 November 1993 see the whole document ----	1,2,4, 7-11
X	EP 0 582 245 A (SOLVAY FLUOR UND DERIVATE GMBH) 9 February 1994 see column 5, line 49 - column 6, line 8 see column 6, line 30 - line 45 see column 7, line 38 - line 42 see claims 1-7 ----	1,2,4, 7-11
A	DATABASE WPI Section Ch, Week 9744 Derwent Publications Ltd., London, GB; Class D13, AN 97-471495 XP002075853 & CN 1 119 068 A (PANG Y) see abstract ----	1,3,5,7, 11
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X	DATABASE WPI Section Ch, Week 9751 Derwent Publications Ltd., London, GB; Class B04, AN 97-550867 XP002075855 & CN 1 130 076 A (HAN Z) see abstract ----	1,3,5,9, 11
	-/-	

## INTERNATIONAL SEARCH REPORT

International Application No  
PCT/GB 98/00708

C.(Continuation) DOCUMENTS CONSIDERED TO BE RELEVANT		
Category	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
A	<p>DATABASE WPI Section Ch, Week 9731 Derwent Publications Ltd., London, GB; Class B04, AN 97-337038 XP002075856 &amp; JP 09 136 831 A (TAISHO PHARM CO LTD) see abstract</p> <p>---</p>	1,3,5, 9-11
A	<p>DATABASE WPI Section Ch, Week 9750 Derwent Publications Ltd., London, GB; Class B04, AN 97-539684 XP002075857 &amp; JP 09 227 394 A (TAISHO PHARM CO LTD) see abstract</p> <p>-----</p>	1,3,5, 9-11

## INTERNATIONAL SEARCH REPORT

International application No  
PCT/GB 98/00708

### Box I Observations where certain claims were found unsearchable (Continuation of item 1 of first sheet)

This International Search Report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:

1.  Claims Nos.: because they relate to subject matter not required to be searched by this Authority, namely:
  
2.  Claims Nos.: because they relate to parts of the International Application that do not comply with the prescribed requirements to such an extent that no meaningful International Search can be carried out, specifically:
  
3.  Claims Nos.: because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).

### Box II Observations where unity of invention is lacking (Continuation of item 2 of first sheet)

This International Searching Authority found multiple inventions in this international application, as follows:

see additional sheet

1.  As all required additional search fees were timely paid by the applicant, this International Search Report covers all searchable claims.
  
2.  As all searchable claims could be searched without effort justifying an additional fee, this Authority did not invite payment of any additional fee.
  
3.  As only some of the required additional search fees were timely paid by the applicant, this International Search Report covers only those claims for which fees were paid, specifically claims Nos.:

1-11(PART)

4.  No required additional search fees were timely paid by the applicant. Consequently, this International Search Report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:

Remark on Protest

The additional search fees were accompanied by the applicant's protest.

No protest accompanied the payment of additional search fees.

FURTHER INFORMATION CONTINUED FROM PCT/ISA/ 210

This International Searching Authority found multiple (groups of) inventions in this international application, as follows:

1. Claims: 1(part.),2(part.),4(part.),6-11(all part.)

Compositions comprising an essential oil in combination with a spice and use thereof for the treatment of disease or physical disability.

2. Claims: 1(part.),2(part.),3(part.),4(part.),6-11(all part.)

Compositions comprising an essential oil in combination with a herb and use thereof for the treatment of disease or physical disability

3. Claims: 1(part.),2(part.),3(part.),4(part.),5,  
6-11(all part.)

Compositions comprising an essential oil, one spice and a herb and use thereof for the treatment of disease or physical disability

4. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for the treatment of sport injuries

5. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for the build up and maintenance of the immune system

6. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for the protection against pollution

7. Claim : 12(part.)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for skin care

FURTHER INFORMATION CONTINUED FROM PCT/ISA/ 210

8. Claim : 12(part.)

Use of compositions comprising an essential oil in combination with a spice for the manufacture of a medicament for weight management

9. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for the treatment of sport injuries

10. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for the build up and maintenance of the immune system

11. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for the protection against pollution

12. Claim : 12(part.)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for skin care

13. Claim : 12(part.)

Use of compositions comprising an essential oil in combination with a herb for the manufacture of a medicament for weight management

14. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for the treatment of sport injuries

15. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for the build up and maintenance of the immune system

FURTHER INFORMATION CONTINUED FROM PCT/ISA/ 210

16. Claim : 11(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for the protection against pollution

17. Claim : 12(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for skin care

18. Claim : 12(part.)

Use of compositions comprising an essential oil in combination with a spice and a herb for the manufacture of a medicament for weight management

# INTERNATIONAL SEARCH REPORT

Information on patent family members

Int'l	Application No
PCT/GB 98/00708	

Patent document cited in search report	Publication date	Patent family member(s)			Publication date
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